

# **Behavioral Health Issues in Those with** Military Backgrounds: Individuals and Families

This free eLearning continuing education program provides health care providers with a comprehensive understanding of military culture and behavioral health needs including appropriate screening and treatment in primary care.

Veterans and their families are a population with unique needs related to the culture of military life and experiences. Of the 20 million U.S. military veterans, it is estimated that 14 million receive care outside of the Veterans Health Administration system. The MISSION Act, signed in 2018, increased access to care for veterans in the civilian health care system, making community providers more accessible. After completing this program participants will be able to:

- 1. Describe unique aspects of the military culture and its effects on health.
- 2. Understand the importance of identifying those that have served in the military and their families.
- 3. Understand the spectrum of effects of military experiences/trauma and its relationship to overall health.

As of 2016, the Connecticut Department of Public Health requires health care professionals complete at least two contact hours of training or education on the topic of mental health conditions common to veterans and family members of veterans. These topics may include determining whether a patient is a veteran or family member of a veteran; screening for conditions such as post-traumatic stress disorder, risk of suicide, and depression; and suicide prevention training. This course meets this requirement.

#### Highlights of the Behavioral Health Issues in Those with Military Backgrounds course:

of Charge

Free Self-Paced Online Instruction, About 2 Hours Total





Continuing Ed Credits Expire April 8, 2023



For more information and to register, visit:

uconn.geniussis.com/Registration.aspx



### How to Register for the Behavioral Health Issues in Those with Military Backgrounds course:

- 1. Go to https://uconn.geniussis.com/Registration.aspx
- 2. Select the course you want to register for and click the green Register button in the bottom right corner. This will add the course to the cart.
- 3. Click on Proceed to check out in the upper right corner. This will take you to the Registration Page.
- 4. Complete the open fields and click Register. This will take you to the course confirmation page, where you click confirm, which will take you to a new page, and click Go to Dashboard. This will take you to the learner dashboard in Genius. You will see your selected course under Active Courses. Click on the title, and you will be taken directly to the course in Blackboard.

After you complete the Registration form, two system-generated emails will be sent to you. One welcoming you and confirming the course you signed up for, and the second one telling you your username — first name.last name — and temporary password. Please be sure to check any Junk or Spam folders, and the Promotions folder in Gmail, to find your emails if you don't see them in your inbox.

## How to Log Back into the Course after Registering:

- 1. Go to: https://uconn.geniussis.com/PublicWelcome.aspx
- 2. For Genius Login, use your username first name.last name and the temporary password you received in an email during the registration process. Once logged into Genius for the first time after registration, you will be asked to update your password. The new password must include a capital letter, number, and symbol.
- 3. Once in the Genius dashboard, you will see the course title. Click on the title and you will be directed to Blackboard, where you can find the course and course materials. Or you can click on "Go to LMS" on the left menu of the Genius dashboard, and that will bring you to your Blackboard institution page. Find Courses on the left menu, and you'll see the course.
- 4. Alternatively, you can access the course material directly from Blackboard: go to <u>http://lms.uconn.edu/</u> and click on Guest Login. Use the same username first name.last name and the password you used to log into Genius.

### Meet the Course Authors:



Annette Jakubisin Konicki Ph.D., APRN, ANP-BC, FNP-BC, FAANP, FAAN Professor and Director of the Family Nurse Practitioner Program

Dr. Jakubisin Konicki is a nationally recognized leader in advanced nursing education and both an educator and primary care provider with over 20 years' experience in integrated behavioral health care for underserved communities including military families.



Denise Bourassa DNP, RNC-OB, CNL, CNE

Assistant Professor and Director of the Nurse Leader & Nurse Educator Programs

Dr. Bourassa is a certified Clinical Nurse Leader with over 20 years' experience educating students and special expertise in leading health care quality improvement for underserved populations such as military personnel and their families.



Brenda McNeil DNP, APRN, FNP-BC Assistant Professor

Dr. McNeil is a nurse practitioner with over 25 years of experience in providing primary care with integrated behavioral health for underserved communities, including military personnel and their families; faculty member; and nationally recognized expert in clinical precepting.



Elizabeth Mayerson DNP, RN, APRN, FNP-BC, CNE Assistant Professor

Dr. Mayerson is a nurse practitioner with 30 years of experience in primary care with integrated behavioral health, extensive expertise in pharmacology, and teaching both UConn's graduate and undergraduate nursing students.



Ivy M. Alexander PhD, APRN, ANP-BC, FAANP, FAAN

Professor and Director of the Adult-Gerontology Primary Care Program

Dr. Alexander is nationally recognized for her over 30 years of experience in graduate education, providing primary care with integrated behavioral health, and scholarly work on midlife women's health and improving care access for underserved populations, including veterans.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant T94HP32904 Advanced Nursing Education Workforce (\$2.8M over 4 years). The information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by, HRSA, HHS or the U.S. Government.