

CURRICULUM VITAE
(Updated May 2021)

Ivy M. Alexander
PhD, APRN, ANP-BC, FAANP, FAAN
University of Connecticut School of Nursing
U-4026, 231 Glenbrook Rd
Storrs, CT 06269-4026
(860) 486-0600
ivy.alexander@uconn.edu

I. EDUCATION

<u>Degree</u>	<u>Institution</u>	<u>Major Field</u>	<u>Date Completed</u>
Ph.D.	University of Connecticut	Nursing	May, 2001
Post-Master's Certificate	University of Pennsylvania	Teaching (Nursing)	May, 1995
M.S.	Northeastern University	Adult Nurse Practitioner	May, 1992
B.S.N.	Pennsylvania State University	Nursing	May, 1986

II. REGISTRATIONS & CERTIFICATION

Connecticut RN (#48055): 1992 – Present
Connecticut APRN (#000630): 1992 – Present
NPI (#1447291752)
American Nurses Credentialing Center (ANCC) Adult Nurse Practitioner (ANP-BC): 1992;
Certification Renewals: 1997, 2002, 2007, 2012, 2017, 2022

III. PROFESSIONAL EXPERIENCE

A. Experience in Higher Education (Present position first)

<u>From – To</u>	<u>Institution</u>	<u>Nature of Work</u>	<u>Academic Status</u>
2016 – Present	University of Connecticut, School of Nursing	Director, Adult-Gerontology Primary Care Nurse Practitioner Track	Clinical Professor
2014 – Present	University of Connecticut, School of Medicine	Clinical	Clinical Professor, Joint Appointment
2013 – 2017	University of Connecticut, School of Nursing	Director of Advanced Practice Programs	Clinical Professor
2010 – 2013	Yale University, School of Nursing	Director, Adult- Gerontological, Family, & Women's Health Primary Care NP Specialty	Professor, Clinical Track
2006 – 2010	Yale University, School of Nursing	Director, Adult, Family, Gerontological & Women's Health Primary Care Specialty	Associate Professor, Clinical Track

2005 – 2006	Yale University, School of Nursing	Interim Director, Adult, Family, Gerontological & Women’s Health Primary Care Specialty	Associate Professor, Clinical Track
2004 – 2006	Howard University, Division of Nursing	Adjunct Appointment	Associate Professor
2004 – 2005	Yale University, School of Nursing	Interim Director, Adult, Family, Gerontological & Women’s Health Primary Care Specialty	Assistant Professor
2000 – 2004	Yale University, School of Nursing	Coordinator Women’s Health Nurse Practitioner Track	Assistant Professor
1998 – 2000	Yale University, School of Nursing	Faculty, Adult, Family, Gerontological & Women’s Health Primary Care Specialty	Assistant Professor
1994 – 1998	Yale University, School of Nursing	Faculty, Adult, Family, Gerontological & Women’s Health Primary Care Specialty	Program Instructor

B. Experiences in Other than Higher Education

<u>From – To</u>	<u>Institution</u>	<u>Nature of Work</u>	<u>Position</u>
2015 – 2017	UConn Health	Internal Medicine, Storrs (Clinical Joint Appointment with UConn School of Nursing & Medicine)	Adult Nurse Practitioner
2006 – 2013	Yale University Health Services	Internal Medicine, Gynecology, Student Health and Acute Care (Clinical Joint Appointment with Yale School of Nursing)	Adult Nurse Practitioner and Midlife Women’s Health Consultant
1994 – 2006	Yale University Health Services	Internal Medicine and Acute Care (Clinical Joint Appointment with Yale School of Nursing)	Adult Nurse Practitioner
1992 – 1994	Community Health Care Plan	Primary Care and Acute Care	Adult Nurse Practitioner
1989 – 1992	Youville Hospital and Rehabilitation Center, School of Practical Nursing	Introduction to Nursing, Medical-Surgical Nursing, Biology	Faculty
1988 – 1989	The Hershey Medical Center	Medicine, Cardiology, Oncology	Clinical Head Nurse
1986 – 1988	The Hershey Medical Center	Medicine, Cardiology, Oncology	R.N. Nurse Clinician

IV. PUBLICATIONS (most recent first)

A. Original Research/ Quality Improvement Projects/Clinical Guidelines, Refereed

- Conley, R. B., Adib, G., Adler, R. A., Akesson, K. E., Alexander, I. M., et al. (2020). Secondary fracture prevention: Consensus clinical recommendations for a multistakeholder coalition. *Journal of Bone and Mineral Research*, 35(1), 36-52.
<https://asbmr.onlinelibrary.wiley.com/doi/full/10.1002/jbmr.3877>
- Lang, K., Alexander, I. M., Simon, J., Sussman, M., Lin, I., Menzin, J., Friendman, M., Dutwin, D., Bushmakin, A. G., Thrift-Perry, M., Altomare, C. & Hsu, M-A. (2015). The impact of multimorbidity on quality of life among midlife women: Findings from a U.S. nationally-representative survey. *Journal of Women's Health*, 24(5), 374-383. doi: 10.1089/jwh.2014.4907.
- Alexander, I. M. (2010). Emancipatory actions displayed by multi-ethnic women: "Regaining control of my health care." *Journal of the American Academy of Nurse Practitioners*, 22(11), 602-611.
- Yang, M., Zhu, H., Liu, S., Alexander, I. M., Zhou, W., & Ren, X. (2009). Music therapy to relieve anxiety in pregnant women on bedrest: A randomized, controlled study. *MCN: Maternal Child Nursing*, 34(5), 316-323.
- Alexander, I. M., & Ruff, C. R. (2005). Attitudes and Concerns About Menopause Among Black Women: What Busy Clinicians Need to Know. *Menopause Management*, 14(2), 22-26.
- Alexander, I. M. (2004). Characteristics of and problems with primary care interactions experienced by an ethnically diverse group of women. *Journal of the American Academy of Nurse Practitioners* 16(7), 300-310.
- Hayes, K. M., & Alexander, I. M. (2000). Alternative therapies and nurse practitioners: Knowledge, professional experience, and personal use. *Holistic Nursing Practice*, 14(3), 49-58.

B. Columns, Commentaries, Editorials, Forewords

- Alexander, I. M., Bowka, L., Hannafon, F., Lake, A., Williams, K., Woodburn, M. (2021, in press). Introducing the ASBMR multi-stakeholder group secondary fracture prevention recommendations – Nurse practitioners play an important role. *Journal of the American Association of Nurse Practitioners (JAANP)*, xx(xx), xx-xx.
- Alexander, I. M. (2015). Foreword in *PDR Nurse's Drug Handbook, 2015 Edition*. Montvale, NJ:PDR Network.
- Cusson, R., Alexander, I. M., Elwell J. (2014, March) Take reins off advanced practice nurses, Op-Ed, *Hartford Current*, <http://www.courant.com/news/opinion/hc-op-cusson-alexander-health-care-changes-expand--20140221,0,4561776.story>.
- Elwell, J., Alexander, I. M., Jakubisin-Konicki, A., McCauley, P., Cusson, R. (2014, February 12). Malloy Governor's Bill 36, Letter to the Editor (online), *CT Mirror*, posted online.
- Alexander, I. M. (2014). Foreword in *PDR Nurse's Drug Handbook, 2014 Edition*. Montvale, NJ:PDR Network.
- Alexander, I. M. (2013). Foreword in *PDR Nurse's Drug Handbook, 2013 Edition*. Montvale,

- NJ:PDR Network.
- Gulanski, B, & Alexander, I. M. (2012). Prevention and Treatment of Osteoporosis. *Yale Health Clinical Practice Guideline*, Internal Medicine, January.
- Alexander, I. M. (2012). Foreword in *PDR Nurse's Drug Handbook, 2012 Edition*. Montvale, NJ:PDR Network.
- Alexander, I. M. (2011). Foreword in *PDR Nurse's Drug Handbook, 2011 Edition*. Montvale, NJ:PDR Network.
- Alexander, I. M. (2011). Hormone therapy and incidence of breast cancer. Menopause Live, International Menopause Society Electronic Forum, www.imsociety.org. [invited commentary]. Published in *Climacteric*, 14, 299-300.
- Alexander, I. M. (2010). Foreword in *PDR Nurse's Drug Handbook, 2011 Edition*. Montvale, NJ:PDR Network.
- Alexander, I. M. (2010). Expert Q+A: Concerns About Osteoporosis Medication. HealthyWomen.org, posted March 2010, http://www.healthywomen.org/content/ask-expert/6405/concerns-about-osteoporosis-medication?context=womentalk/ask-the-expert&context_title=ask-the-expert
- Alexander, I. M. (2009). Why write to the Editor? *Nurse Practitioner World News*, 14(7/8), 2.
- Grey, M., & Alexander, I. M. (2009, June 20). More time for patients, Letter to the Editor (in print and online), *New York Times*.
- Alexander, I. M. (2009). Foreword in *PDR Nurse's Drug Handbook, 2010 Edition*. Montvale, NJ:Thompson Healthcare.
- Grey, M., & Alexander, I. M. (2009, May 6). Nurse practitioners can come to rescue on primary care gap, Letter to the Editor (in print), *New Haven Register*.
- Wysocki, S., & Alexander, I. M. (2009). Nurses for the care of menopausal women. Menopause Live, International Menopause Society Electronic Forum, www.imsociety.org. [invited commentary]
- Alexander, I. M. (2008). Foreword in *PDR Nurse's Drug Handbook, 2009 Edition*. Montvale, NJ:Thompson Healthcare.
- Alexander, I. M. (2007). Commentary on *Guidelines for Nurse Practitioners in Gynecologic Settings, 9th Edition*. Springer Publishing Company, www.springerpub.com. [commentary author]
- Springhouse. (2005). *Nurses Quick Check: Diagnostic Tests*. Philadelphia, PA:Lippincott, Williams & Wilkins. [contributor for multiple entries such as urine analysis, electrolytes, liver function tests, and renal panel, reprint]
- Alexander, I. M. (2002). What women want in a health care encounter. *Conversations in Counseling*, 4(1), 8-10.
- Alexander, I. M. (2001). Counseling women about decreasing cardiovascular disease. *Conversations in Counseling*, 3(1), 4-5.
- Alexander, I. M. (2001). Foreword in *Disease Management for Nurse Practitioners*, Springhouse, PA: Lippincott, Williams and Wilkins.
- Alexander, I. M. (2000). Mid-years women's health: Reduce Cardiovascular Disease Risk in Women *Contraceptive Technology Update*, 21(12), 149-150. [column]
- Alexander, I. M. (2000). Mid-years women's health: Check midlife women for cardiovascular disease. *Contraceptive Technology Update*, 21(10), 125-126. [column]
- Alexander, I. M. (2000). Mid-years women's health: Treatment options for incontinence. *Contraceptive Technology Update*, 21(7), 84-86. [column]

- Alexander, I. M. (2000). Mid-years women's health: Restore bladder control with nondrug treatment. *Contraceptive Technology Update*, 21(3), 36-38. [column]
- Alexander, I. M. (2000). Mid-years women's health: Weighing the risks of transdermal ERT. *Contraceptive Technology Update*, 21(2), 24-25. [column]
- Alexander, I. M. (1999). Mid-years women's health: Transdermal estrogen replacement: The pros. *Contraceptive Technology Update*, 20(12), 145-146. [column]
- Alexander, I. M. (1999). Mid-years women's health: Contraceptive options for perimenopausal women. *Contraceptive Technology Update* 20(10), 122-124. [column]
- Alexander, I. M. (1999). Mid-years women's health: Understanding the options when it comes to fibroids. *Contraceptive Technology Update* 20(7), 82-84. [column]
- Alexander, I. M. (1999). Mid-years women's health: Using biochemical bone markers in osteoporosis. *Contraceptive Technology Update* 20(3), 34-35. [column]
- Alexander, I. M. (1998). Healthy bones: Counseling teens, new mothers, and menopausal patients about osteoporosis risks. *Conversations in Counseling*, 1(2), 4-6.
- Alexander, I. M. (1997 – 1999). Research reviews: Putting research into practice. *The Clinical Letter for Nurse Practitioners*, vol. 1, January, 1997 through vol 3, July/August, 1999. Bi-monthly column reviewing clinically relevant current research publications. [column]
- Alexander, I. M. (1995). Commentary on article titled 'Folic acid will reduce risk of neural tube defects', *APNScan*, 2, February, 1995. [commentary]

C. Books

- Alexander, I. M., Johnson-Mallard, V., Kostas-Polston, E. A., Fogel, C. I., Woods, N. F. Eds. (2017). *Women's Health Care in Advanced Practice Nursing, 2nd Ed.* New York, NY: Springer.
- Alexander, I. M. & Knight, K. A. (2011). *100 domande e risposte su Osteoporosi e Osteopenia.* Rome, Italy: Antonio Delfino Editore. (edited by Franco Postacchini; translated by Maria Luisa Brandi). [100 Questions and Answers About Osteoporosis and Osteopenia, Italian translation]
- Alexander, I. M., & Knight, K. (2010). *100 Questions and Answers About Osteoporosis and Osteopenia, 2nd Ed.* Sudbury, MA: Jones and Bartlett.
- Alexander, I. M., & Knight, K. (2008). *100 ερωτήσεις και απαντήσεις για την εμμηνόπαυση* (Μετάφραση: Ευμορφία Παπαγεωργίου). Thessaloniki, Greece: Malliaris-Paedia S.A.. [100 Questions and Answers About Menopause, Greek translation]
- Alexander, I. M., & Knight, K. (2008). *100 ερωτήσεις και απαντήσεις για την οστεοπόρωση και την οστεοπενία* (Μετάφραση: Καίτη Αδαμοπούλου). Thessaloniki, Greece: Malliaris-Paedia S.A.. [100 Questions and Answers About Osteoporosis and Osteopenia, Greek translation]
- Alexander, I. M. & Knight, K. (2007). *100 Preguntas y Respuestas sobre la Menopausia* (Traducción de Mario Lamberti). Madrid, Spain: EDAF. [100 Questions and Answers About menopause, Spanish translation]
- Alexander, I. M. & Knight, K. (2006). *100 Questions and Answers About Osteoporosis and Osteopenia.* Sudbury, MA: Jones and Bartlett.
- Alexander, I. M., & Knight, K. (2005). *100 Questions and Answers About Menopause.* Sudbury, MA: Jones and Bartlett.

D. Book Chapters

- Alexander, I. M. & Jakubisin Konicki, A. (2021). Chapter 6.3: Night sweats. In L. Neal-Boylan Ed., *Clinical Case Studies for the Family Nurse Practitioner, 2nd ed.* (pp. 139 – 143). Ames, IA: Wiley-Blackwell.
- Alexander, I. M. (2021). Chapter 10.6: Back pain. In L. Neal-Boylan Ed., *Clinical Case Studies for the Family Nurse Practitioner, 2nd ed.* (pp. 267 – 271). Ames, IA: Wiley-Blackwell.
- Alexander, I. M., Jakubisin-Konicki, A., Barandouzi, Z. A., Bottone, C., Mayerson, E., & Witkovic, M. (2022). Chapter 14: Menopause. In F. Likis & K. Schuiling, Eds, *Women’s Gynecologic Health, 4th ed* (pp. 267-294). Sudbury, MA: Jones & Bartlett Learning.
- Alexander, I. M. & Jakubisin-Konicki, A. (2019). Chapter 17: Abnormal Uterine Bleeding. In Carcio, H. & Secor, M., Eds., *Advanced Health Assessment of Women, 4th Ed* (pp. 281 – 291). New York, NY: Springer Publishing Co.
- Alexander, I. M., Jakubisin-Konicki, A., Canty, L., LoGiudice, J., McKelvey, M., & McNeil, B. (2018). Women's Health (Chapter). In Fitzpatrick, J. J. (Ed). *Encyclopedia of Nursing Research, 4th Edition* (pp. 788 – 794). New York, NY: Springer Publishing Company.
- Fugate-Woods, N., Alexander, I. M., Jakubisin-Konicki, A., Canty, L. (2017). Chapter 7: Women’s Bodies, Women’s Health. In I. M. Alexander, V. Johnson-Mallard, E. A. Kostas-Polston, C. I. Fogel, & N. F. Woods, Eds., *Women’s Health Care in Advanced Practice Nursing, 2nd Ed* (pp. 111 – 138). New York, NY: Springer Publishing Co.
- Alexander, I. M., Jakubisin-Konicki, A., Jackson, S., Ladani, D., LoGiudice, J., Vo, L. (2017). Chapter 34: Menopause. In I. M. Alexander, V. Johnson-Mallard, E. A. Kostas-Polston, C. I. Fogel, & N. F. Woods, Eds., *Women’s Health Care in Advanced Practice Nursing, 2nd Ed* (pp. 655 – 680). New York, NY: Springer Publishing Co.
- Alexander, I. M., Lacadie, R., LaRosa, D., Miesse, E., Witkovic, M. (2017). Chapter 35: Osteoporosis. In I. M. Alexander, V. Johnson-Mallard, E. A. Kostas-Polston, C. I. Fogel, & N. F. Woods, Eds., *Women’s Health Care in Advanced Practice Nursing, 2nd Ed* (pp. 681 – 691). New York, NY: Springer Publishing Co.
- Alexander, I. M., Atkin, K. P., & Andrist, L. C. (2017). Chapter 13: Menopause. In K. Schuiling & F. Likis, Eds., *Women’s Gynecologic Health, 3rd Ed* (pp. 261 – 301). Sudbury, MA: Jones and Bartlett.
- Alexander, I. M. (2017). Chapter 34: The Mature Woman. In Brucker, M. & King, T., Eds., *Pharmacology for Women’s Health, 2nd Ed* (pp. 983 – 1022). Sudbury, MA: Jones and Bartlett.
- Alexander, I. M. (2015). Chapter 16: Abnormal Uterine Bleeding. In Carcio, H. & Secor, M., Eds., *Advanced Health Assessment of Women, 3rd Ed* (pp. 265 – 274). NY, NY: Springer Publishing Co.
- Alexander, I. M. (2013). Chapter 55: Hormone Replacement Therapy. In Edmunds, M. & Mayhew, M., Eds., *Pharmacology for the Primary Care Provider, 4th Ed* (pp. 628 – 645). Chicago, IL: Elsevier.
- Alexander, I. M., & Andrist, L. A. (2013). Chapter 13: Menopause. In K. Schuiling & F. Likis, Eds., *Women’s Gynecologic Health, 2nd Ed* (pp. 285 – 328). Sudbury, MA: Jones and Bartlett.
- Alexander, I. M. (2012). Them bones, them bones (Chapter). In Kazer, M. W. & Neal-Boylan, L. Eds., *Case studies in Nursing Care for Older Adults* (pp 176 – 180). Ames, IA: Wiley-Blackwell. [adapted from Alexander, I. M. (2011). Back pain (Chapter). In L. Neal-Boylan Ed., *Clinical Case Studies for the Family Nurse Practitioner* (pp. 327 – 340). Ames, IA:

Wiley-Blackwell.]

- Alexander, I & McBride, A.B. (2011). Women's Health (Chapter). In Fitzpatrick, J. J. & Kazer, M.W. (Eds). *Encyclopedia of Nursing Research, 3rd Edition* (pp. 550-553). New York, NY: Springer Publishing Company.
- Alexander, I. M. (2011). Back pain (Chapter). In L. Neal-Boylan Ed., *Clinical Case Studies for the Family Nurse Practitioner* (pp. 327 – 340). Ames, IA: Wiley-Blackwell.
- Alexander, I. M. (2011). Night sweats (Chapter). In L. Neal-Boylan Ed., *Clinical Case Studies for the Family Nurse Practitioner* (pp. 175 – 188). Ames, IA: Wiley-Blackwell.
- Alexander, I. M. (2008). Chapter 54: Hormone Replacement Therapy. In Edmunds, M. & Mayhew, M. Eds., *Pharmacology for the Primary Care Provider, 3rd Ed* (pp. 604 – 616). Chicago, IL: Elsevier.
- Alexander, I. M., & Andrist, L. A. (2005). Menopause (Chapter). In F. Likis & K. Shuiling Eds., *Women's Gynecologic Health* (pp. 249 – 289). Sudbury, MA: Jones and Bartlett.

E. Evidence-based Review Articles, Refereed

- Royce, C. F., Johnson-Mallard, V., Burke, P., Alexander, I. M., Taylor, D., Greenburg, C. S., & Czubaruk, K. (2018). The American Academy of Nursing on policy proposed healthcare policy changes threaten women's health, *Nursing Outlook*, 66(2018), 586-589.
[https://www.nursingoutlook.org/article/S0029-6554\(18\)30531-1/fulltext](https://www.nursingoutlook.org/article/S0029-6554(18)30531-1/fulltext)
- Johnson-Mallard, V., Curry, K., Chandler, R., Alexander, I., Kostas-Polston, E., Orsega, S., Woods, N. F. (2018). Recommendations for Managing Sexually Transmitted Diseases: Beyond the 2015 Guidelines. *The Nurse Practitioner*, 43(8), 28-34. (Online Continuing Education offering).
https://journals.lww.com/tnpj/Fulltext/2018/08000/Managing_sexually_transmitted_infections_Beyond.4.aspx
- Johnson-Mallard, V., Kostas-Polston, E. A., Woods, N. F., Simmonds, K. E., Alexander, I. M., & Taylor, D. (2017). Unintended pregnancy: a framework for prevention and options for midlife women in the US. *Women's Midlife Health*, 3(1), 8.
<https://womensmidlifehealthjournal.biomedcentral.com/articles/10.1186/s40695-017-0027-5>
- Alexander, I. M. (2015). Osteoporosis: A nurse's perspective (Expert Interview, online CE program, 3/5/2015-3/5/2016). Medscape, available at:
<http://www.medscape.org/viewarticle/837957>.
- Giebink, C. B., & Alexander, I. M. (2015). Managing female sexual dysfunction. *Women's Health Care*, 3(1), 41-48.
- Frame, K. & Alexander, I.M. (2013). Mind-body therapies for sleep disturbances in women at midlife. *Journal of Holistic Nursing*. 31(4), 276-284. doi: 10.1177/0898010113493504. Epub 2013 Jul 1: <http://jhn.sagepub.com/content/31/4/276>. DOI: 10.1177/0898010113493504
- Alexander, I. M. (2013). Countering the mainstream media: Balancing fear vs reality in managing osteoporosis (online CME/CE program, 3/27/2013-3/27/2014). Medscape, available online at: http://www.medscape.org/viewarticle/781392?src=wnl_cme_revw.
- Skorupski, N. & Alexander, I. M. (2013). Multidisciplinary osteoporosis management of post low-trauma hip fracture patients. *JAANP: Journal of the American Academy of Nurse Practitioners*, 25(1), 3-10.
- Alexander, I. M. (2012). The history of hormone therapy use and recent controversy related to heart disease and breast cancer arising from prevention trial outcomes. *Journal of Midwifery*

- and *Women's Health*, 57(6), 547-557.
- Alexander, I. M. (2011). Improving osteoporosis screening and treatment in older adults to prevent fragility fractures (online CME/CE program). Medscape, available online at: <http://www.medscape.org/viewarticle/741189>.
- Alexander, I. M. (2010). Postmenopausal Osteoporosis: Identifying Risk and Choosing Appropriate Treatment. Medscape (audiolecture and transcript), available online at: <http://cme.medscape.com/viewarticle/722809>.
- Alexander, I. M. (2009). Harnessing the hot flash: More choices for midlife women. *Advance for Nurse Practitioners*, 17(7), 31-36.
- Alexander, I. M. (2009). Pharmacotherapeutic management of osteoporosis and osteopenia [CE Article]. *The Nurse Practitioner*, 34(6), 30-40, CE Test 41.
- Alexander, I. M. (2009). For patients: Osteoporosis and osteopenia [patient education companion to Pharmacotherapeutic Management of Osteoporosis and Osteopenia]. *The Nurse Practitioner*, 34(6), 49-50.
- Alexander, I. M. (2009). Current and future trends in menopause therapy: An expert interview with Dr. Ivy Alexander. Medscape, available online at: <http://cme.medscape.com/viewarticle/701545> (Samander, E., editor).
- Wysocki, S. J., Bachman, G. A., Freedman, M. A., Moore, A. & Alexander, I. M. (2009). Collaborating with your patient to manage atrophic vaginitis: Effective communication from diagnosis to treatment (online CME/CE program). Medscape, available online at: <http://cme.medscape.com/viewprogram/19189>.
- Alexander, I. M., & Lewiecki, E. M. (2008). Prevention, identification and treatment of postmenopausal osteoporosis (online CME/CE program). Medscape, available online at: <http://www.medscape.com/viewprogram/17528>.
- Alexander, I. M. (2007). Overview of current HT recommendations using evidence-based decision making. *American Journal for Nurse Practitioners*, 11(10), 29-41.
- Alexander, I. M., & Moore, A. (2007). Treating vasomotor symptoms of menopause: The nurse practitioner's perspective. *Journal of the American Academy of Nurse Practitioners*, 19, 152-163.
- Gold, D. T., Alexander, I. M., & Ettinger, M. P. (2006). How can osteoporosis patients benefit more from their therapy? Adherence issues with Bisphosphonate therapy. *The Annals of Pharmacotherapy*, 40(6), 1143-1150.
- Alexander, I. M. (2006). Bioidentical hormones for menopause therapy: Separating the myths from the reality. *Women's Health Care: A Practical Journal for Nurse Practitioners* 5(1), 7-17.
- Ruff, C. R., Alexander, I. M., McKie, C. (2005). The use of focus group methodology in health disparities research. *Nursing Outlook* 53(3), 134-140.
- Wysocki, S. & Alexander, I. M. (2005). Bioidentical hormones for menopause hormone therapy: An overview. *Women's Health Care: A Practical Journal for Nurse Practitioners*, 4(2), 9-17.
- Wysocki, S., Alexander, I., Schnare, S. M., Moore, A., Freeman, S. (2003). Individualized care for menopausal women: Counseling women about hormonal therapy. *Women's Health Care: A Practical Journal for Nurse Practitioners*, 2(2), 8-16.
- Sawyer, M. J., Alexander, I. M., Gordon, L., Juszczak, L. J., & Gilliss, C. (2000). A critical review of current nursing faculty practice. *Journal of the American Academy of Nurse Practitioners*, 12(12), 511-516.
- Alexander, I. M. (2000). Transdermal estrogen replacement therapy: An overview of today's

issues. *Advance for Nurse Practitioners*, 8(8), 60-63.

Alexander, I. M. (1998). Viral Hepatitis: Primary care diagnosis and management. *The Nurse Practitioner*, 23(10), 13-45, passim.

Alexander, I. M. (1997). Patient with Bulimia Nervosa: Answers and discussion of nutrition and diet therapy case study. *Lippincott Primary Care Practice*, 1(4), 450-458.

Alexander, I. M. (1997). Patient with Bulimia Nervosa. *Lippincott Primary Care Practice*, 1(3), 348-350.

V. RESEARCH AND EVALUATION GRANTS RECEIVED (most recent first)

A. Grants and Contracts: Federal, Regional, State

Health Resources and Service Administration (HRSA). *Scholarships for Health Professions Students from Disadvantaged Background (SDS) "PATH to PCNP" Partnership to Provide Academic Transformational Help for disadvantaged nursing students to become Primary Care Nurse Practitioners*, July 2020 – June 2025. HRSA NOFO # 20-006. Funded for \$2,935,477. IM Alexander, PI; N Shook, Co-I; T Van Hoof, Co-I; M Snyder, Co-I.

Health Resources and Service Administration (HRSA). *Advanced Nursing Education Workforce (ANEW) "PCNP CUPS" Primary Care Nurse Practitioners Caring for Underserved Populations – An Innovative Clinical-Academic Partnership to Enhance NP Preparation for Practice*, July 2019 – June 2023. HRSA Grant # T94HP32904. Funded for \$2,798,056. IM Alexander, PI; A Jakubisin-Konicki, Co-I; D Bourassa, Co-I; B McNeil, Co-I.

Identifying Clinical Teaching Needs for Preceptors in NP Education: A Needs Assessment Survey. Web-based survey for NP preceptors and those considering the preceptor role. Data collection at the American Academy of Nurse Practitioners (AANP) National Conference. Denver, CO. Supported by Health Resources and Service Administration (HRSA). *Advanced Nursing Education (ANE) "I CAN" Innovative Clinical-Academic Partnership to Enhance Graduate NP Preparation for Practice*, July 2016 – June 2019. HRSA Grant # D09HP29980. Funded for \$1,690,873. B. McNeil, PI; A. Jakubisin-Konicki, Co-I; D. Bourassa, Co-I; & IM Alexander, Co-I. [see below]

Health Resources and Service Administration (HRSA). *Advanced Nursing Education Workforce (ANEW) "PCNP CUPS" Primary Care Nurse Practitioners Caring for Underserved Populations*, Submitted Jan 25, 2017. Approved, Not Funded (\$1,046,900 over two years)

CVS Minute Clinics – CVS Foundation Grant. *FNP CUPS: FNPs Caring for Underserved Populations*, Jan 2017 – May 2017. Funded for \$5000. A. Jakubisin-Konicki, PI; IM Alexander Co-I.

Health Resources and Service Administration (HRSA). *Advanced Nursing Education (ANE) "I CAN" Innovative Clinical-Academic Partnership to Enhance Graduate NP Preparation for Practice*, July 2016 – June 2019. HRSA Grant # D09HP29980. Funded for \$1,690,873. IM Alexander, PI; A Jakubisin-Konicki, Co-I; D Bourassa, Co-I.

Health Resources and Service Administration (HRSA). *Advanced Education Nurse Traineeship (AENT) Program: UConn Nursing – Increasing Access to Primary Care for Underserved Areas and Populations*, July 2016 – June 2017. HRSA Grant # A10HP30088. Funded for \$344,100.

Health Resources and Service Administration (HRSA). *Advanced Nursing Education (ANE) “I CAN” Innovative Clinical-Academic Partnership to Enhance Graduate NP Preparation for Practice*, Submitted Feb, 2015. Approved, Not Funded (\$1,373,925 over 3 years).

Health Resources and Service Administration (HRSA). *Advanced Education Nurse Traineeship (AENT) Program: UConn Nursing – Increasing Access to Primary Care for Underserved Areas and Populations*, July 2014 – June 2016. HRSA Grant # A10HP27202. Funded for \$688,800.

MidAtlantic Osteoporosis Board. *Recognition, Prevention, and Treatment of Osteoporosis (OP) Among Advanced Practice Nurses (APNs)*, 2005. Funded for under \$20,000. S. Wysocki, PI; I M Alexander, Co-I.

MidAtlantic Osteoporosis Board. *Prevalence of Osteoporotic and Low Bone Mineral Density by Heel Scan Screening Among Healthy Nurse Practitioners (NPs)*, 2004. Funded for under \$20,000. S. Wysocki, PI; I M Alexander, Co-I.

Partnership Center for Reducing Health Disparities by Self and Family Management, National Institute of Nursing Research, # P20NR008349. *Pilot study Menopause and Midlife Health Risks: Black Women’s Views*, 2002 – 2003. \$20,000. M. Funk, PI for NINR grant, I M Alexander PI for Pilot Study

National Institute of Nursing Research, #1-R15-NR03362-01. *Biobehavioral Indices of Stress Reactivity in Pregnancy*. 1993 – 1996. Funded for \$124,969. W. F. McCool, PI; I M Alexander, Co-I.

B. Clinical Projects

Perceived Needs of Midlife Women, Yale University Health Services, Midlife Women’s Member Survey. Project expenses supported by Yale University Health Services, 2007 – 2008.

Access to Internal Medicine (AIM), Internal Medicine Access Project to Redefine Systems and Practices. Project expenses supported by Yale University Health Services, 2000 – 2001.

C. Grants: University

University of Connecticut:

UConn School of Nursing Center for Nursing Scholarship & Innovation (CNSI). *Preceptor Consultant: Leveraging Academic Support for Early Career Nurse Practitioners to Increase Acceptance of Preceptorships*. Jan 2019 – Dec 2019. Funded for \$4,800. B McNeil, PI; I M Alexander, Co-I.

Yale University:

Yale University School of Nursing Beatrice Renfield Funds. *Behavioral Treatment for Insomnia in Primary Care: Protocol Development*. Awarded June 1, 2010, \$24,444. N Redeker, PI; R Whittemore, Co-I; N Alexander, Co-I; I M Alexander, Co-I.

Yale University School of Nursing New Haven, CT, Intramural Grant (faculty award for dissertation study): *Hearing Women's Voices: Primary Care Interactions*, 1999 – 2000. \$2650.

Yale University School of Nursing New Haven, CT, Intramural Grant *Development of the Labor and Delivery Outcome Scale*. 1993 – 1995. \$2000. W. F. McCool, PI; I M Alexander, Co-I.

Northeastern University:

Investigating the Relationship Between Tricep Skinfold Thickness, Body Weight, and Blood Pressure in College Students – A Pilot Study (Unfunded, unpublished master's research project with Margaret McAllister, Northeastern University). 1991.

VI. DISSERTATION AND THESIS SUPERVISION (Major Advisor only, most recent first)

Bottone, Christine – D.N.P. (in progress)
Carini, Casey – D.N.P. (in progress)
Hamilton, Kelli – D.N.P. (in progress)
Koomson, Rubby – D.N.P. (in progress)
Mahoney, Benjamin – D.N.P. (in progress)
Prescott, Siobhan (Erin) – D.N.P. (in progress)
Singson, Pramela – D.N.P. (in progress)
Alsgaard, Jill – D.N.P. (in progress)
Swan, Amanda – D.N.P. (in progress)
Bolduc, AnnMarie – D.N.P. (in progress)
Danis, Lauren – D.N.P. (in process)
Jensen, Deborah – D.N.P. (in progress)
Canty, Lucinda – Ph.D. (May, 2020)
Grigg, Katie – D.N.P. (May, 2020)
Mason, Patricia – D.N.P. (May, 2020)
Fields, Loren – D.N.P (May, 2019)
Selchick, Faith – D.N.P. (May, 2019)
Witkovic, Matthew – D.N.P. (May, 2019)

Ahmed, Aria – Honors (in progress)

VII. HONORS RECEIVED/ SPECIAL CERTIFICATIONS (most recent first)

A. Honors Received

<u>Date</u>	<u>Organization</u>
September 2017	Named one of 75 Difference Makers, UConn SON 75 th Anniversary Celebration
October 2016	2016 Large Cap Award from CORP America
July 2015	Named One of Twenty Outstanding Professors of Women's Health Nursing by Nurse Practitioner Schools (NursePractitionerSchools.com)
June 2015	Fellow in the American Association of Nurse Practitioners (FAANP)
2012	Named Top 100 Nursing Professors, BSN to MSN Online (BSNtoMSN.org)
May 2010	Nightingale Award for Excellence in Nursing
November, 2009	Fellow in the American Academy of Nursing (FAAN)
November, 2008	Shirley Novosel Award for Distinguished Alumna, The Pennsylvania State University School of Nursing, 2008-09
June, 2008	Will Solimene Award for Excellence in Medical Communication for book entitled, <i>100 Questions and Answers About Osteoporosis and Osteopenia</i> (Alexander, I. M., & Knight, K.), American Medical Writers Association, New England Chapter
June, 2006	Will Solimene Award for Excellence in Medical Communication for book entitled, <i>100 Questions and Answers About Menopause</i> (Alexander, I. M. & Knight, K.), American Medical Writers Association, New England Chapter
March, 2004	Rising Star in Health Disparities Research Award, Howard University, Division of Nursing, M. Elizabeth Carnegie Research Day, 10 th Anniversary Gala Celebration
October, 2004	Clinical Research Poster Award for poster entitled, <i>Reasons for Hormone Therapy Use, Discontinuation, or Avoidance Among Black Women</i> . North American Menopause Society 15 th Annual Meeting, Washington, DC
2002 – 2008	Council on Hormone Education, Distinguished Professor
June, 2001	Clinician of the Year, Yale University Health Services
May, 2001	Nurse Practitioner of the Year, Connecticut Nurse Practitioner Group, Inc
May, 1997	Best Poster Presentation Award for poster entitled <i>Midwives', Family Practice Physicians', and Obstetricians' views of the intrapartum: Results from the LDOS nationwide survey</i> . American College of Nurse-Midwives 42nd Annual Meeting, Boston, MA
1997	Pre-doctoral Fellowship Award, University of Connecticut
1992	Sigma Theta Tau, Gamma Epsilon, Award for Excellence in Nursing, Northeastern University School of Nursing

VIII. REVIEW ACTIVITIES AND EDITORIAL BOARDS (^ International) (most recent first)

A. Journal Reviewer / Journal Editor / Editorial Boards

Current Obstetrics & Gynecology Reports, Menopause section Editor, 2019 – present.

Journal of Nursing Regulation, manuscript reviewer, 2017 – 2020.

Nursing Outlook, manuscript reviewer, 2015 – present.

Policy, Politics, & Nursing Practice, manuscript reviewer, 2015 – present.

Clinician Reviews, manuscript reviewer, 2015 – present.

Medscape, continuing education provider for nurses and clinicians, program and manuscript reviewer, 2010 – present.

Journal of Research in Nursing (JRN), manuscript reviewer, 2010 – present.

Research in Nursing and Health (RINAH), manuscript reviewer, 2009 – present.

^Osteoporosis International, manuscript reviewer, 2009 – present.

Journal of Midwifery & Women's Health, manuscript reviewer, 2009 – present.

Nursing Ethics, manuscript reviewer, 2006 – present.

Women's' Health Care: A Practical Journal for Nurse Practitioners, manuscript reviewer, 2005 – present.

Advances in Nursing Science (ANS), manuscript reviewer, 2004 – present.

BioMed Central, Electronic Journals, manuscript reviewer, 2003 – 2013.

Listening to Women: The Provider's Guide to Supporting Women Through Menopause (Text Proposal, 2002). Philadelphia, PA: Lippincott, Williams & Williams. [review of textbook proposal]

American Health Consultants, Continuing Education Self-Study Offerings, 2001 – 2010.

Journal of the American Academy of Nurse Practitioners, manuscript reviewer, 2001 – present.

F. A. Davis, Textbook Chapter Manuscript Reviewer, 2000 – 2010.

American Journal for Nurse Practitioners, NP Communications Group, Inc, Editorial Advisory Board Member and Manuscript Reviewer, 2000 – 2013.

The American Journal of Managed Care, manuscript reviewer, 1999 – 2000.

The Clinical Letter for Nurse Practitioners, Williams & Wilkins. Editorial Board Member and manuscript reviewer, 1996 – 2001.

Hoole, A. J., Pickard, C. G., Ouimette, R. M., Lohr, J. A., & Greenberg, R. A., eds. (1995). *Patient Care Guidelines for Nurse Practitioners, 4th ed.* Philadelphia, PA: Lippincott. [review of full textbook]

APNScan, Editorial Board member and Editorial Research, semi-monthly review of >100 journals to identify and select clinical research reports pertinent to advanced nursing practice; reviewed and wrote synopses of selected articles for publication in *APNScan*. 1994 – 2003.

B. Advisory Boards / Expert Panel Reviews

HealthyWomen.org Women's Health Advisory Council member, 2015 – present.

Early Experience Clinician Feedback, Advisory Board Member, Pfizer, October 2014.

Springer Healthcare, Advisory Board Member, 2019 – Present.

MedScape Education. Women's Health Advisory Board Member, 2012 – present.

^Guidepoint Global, Advisors Expert Network, Healthcare Research, Provide consultations for midlife health issues to varied international clients, 2010 – 2014.

Practice Based Research Network (PBRN), Yale University School of Nursing, Martha Swartz, PI; Advisory Board Member, April 2009 – 2013.

^Genactis, Inc. (international research company based in the UK, with offices also in France, Germany, Italy, and US), member of the Physician Advisory Group for research project advisement, June 2009 – 2015.

Endo Pharmaceuticals, Nurse Practitioner/MD Advisory Board Member, development of a Clinical Registry Study (Frova) focused on Menstrual Migraine, October 2008.

Bayer Healthcare Pharmaceuticals, Nurse Practitioner Advisory Board member, developing patient education and consumer marketing materials, April 2008.

Upsher-Smith Laboratories, Inc., Nurse Practitioner Advisory Board member, developing patient education and clinician marketing tools, March 2008.

NP CAPS Study: Nurse Practitioner Certification and Practice Setting. Paula Tanabe, PhD, MPH, MSN, RN; Northwestern University and Vicki Keough, RN, PhD, ACNP, CCRN, Loyola University of Chicago, PIs. Expert Panel Review Member, provided input on research methods, instrument development, determining match in practice setting and NP certification specialty practice settings, and data interpretation. Results informed L.A.C.E. framework (Licensure, Accreditation, Certification, Education), 2007 – 2009.

Barr Laboratories, Patient Education Advisory Board, advised on development of patient education materials, 2005 – 2007.

Eli Lilly, Allied Health Professional Advisory Board, advised on clinician education programs and patient education materials, 2005 – 2008.

National Women’s Health Resource Center, Medical Advisor and Women’s Health Advisory Council Member, 2004 – present.

Lippincott, Williams & Wilkins, Nursing Education Advisory Board Member, providing advice about nursing education programs, needs, and materials, 2003 – 2016.

Eli Lilly and Company, Women’s Health Network, Advisory Board Member providing advice on clinician education programs and patient education materials, 2002 – 2012.

Ventiv Communications, Women’s Health Division, Nurse Practitioner Advisory Panel. Training materials development, October 2001; presented Hormone Replacement Therapy and Counseling for Success content to continuing education speakers “train the trainers” sessions,” January 2002.

Pfizer, NP Focus Group Meeting, advised on educational needs among advanced practice nurses, September 2000.

C. Continuing Education Program Development

Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. M. (2020). Behavioral Health Issues in those with Military Backgrounds: Individuals and Families. Behavioral Health Program #6 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC – online offering. Development supported by HRSA Grant # T94HP32904.

Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. M. (2020). Behavioral Health Issues in those with Military Backgrounds: Individuals and Families. Behavioral Health Program #6 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC. Development supported by HRSA Grant # T94HP32904.

Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. M. (2020). Trauma Informed Care. Behavioral Health Program #5 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC. Development supported by HRSA Grant # T94HP32904.

Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. M. (2020). Serious Mental Illness in Primary Care. Behavioral Health Program #4 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC. Development supported by HRSA Grant # T94HP32904.

McNeil, B., Jakubisin Konicki, A., Bourassa, D., & Alexander, I. M. (2020). Challenges of Substance Use Disorder: Primary Care Management and Chronic Pain. Behavioral Health

Program #3 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC. Development supported by HRSA Grant # T94HP32904.

McNeil, B., Jakubisin Konicki, A., Bourassa, D., & Alexander, I. M. (2019). Identification and Management of Depression and Anxiety in Primary Care. Behavioral Health Program #2 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC. Development supported by HRSA Grant # T94HP32904.

McNeil, B., Jakubisin Konicki, A., Bourassa, D., & Alexander, I. M. (2019). Scope of Behavioral Health in the Primary Care setting. Behavioral Health Program #1 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC. Development supported by HRSA Grant # T94HP32904.

Jakubisin Konicki, A., McNeil, B. & Alexander, I. M. (2016). Refresher Preceptor Training Program. UConn School of Nursing, Continuing Education Program accredited through ANCC. Development supported by HRSA Grant # D09HP29980.

Jakubisin Konicki, A., McNeil, B. & Alexander, I. M. (2015). Preceptor Training program. UConn School of Nursing, Continuing Education Program accredited through ANCC. Development supported by HRSA Grant # D09HP29980.

Menopause Care Collaborative, assisted with development of clinician and patient education materials on menopause and menopause symptom management, Pfizer, Inc., 2011 – 2019.

AdvanceMed, LLC, assisted with continuing education program development for nurse practitioners on menopause and hormone therapy, May 2006.

Council on Hormone Education Program, University of Wisconsin, Primary Care Advisory Group (PCAG) assisted with program development of continuing educational programs for clinicians: “Improving Menopausal Care,” 2006 – 2007.

^Oxford Round Table, London England, participated in women’s health program development and organization, March, 2005; March, 2006; March 2007, March 2008.

Venus Medical Communications, “Health Needs of the WSW: A Focus on Vaginal Health,” program development 2005.

Council on Hormone Education, University of Wisconsin Medical School, clinician continuing education program development, February 2003.

The Resource Group, *Essential Therapy for Women: Hormones Throughout the Lifecycle* clinician continuing education program development, January 2002.

^Discovery International, National Consultant’s Meeting, “New Strategies in Menopausal Health: Lowering HRT Doses” clinician continuing education program development, March – April 2001.

Duke University, Department of OB/GYN, “Therapeutic Options for Menopausal Health” clinician education program development, February 2001.

The Resource Group, “A Woman’s Journey: Hormones Throughout the Lifecycle” clinician continuing education program development, January – March 2001.

D. Consultations

^Global Alliance for Musculoskeletal Health. Global Consultation Project for Musculoskeletal Care. Representing AANP and as one of the a multi-stakeholder group members for ASBMR, online, 2020 – present.

Faith Popcorn’s Brain Reserve (marketing company based in NY, NY), regarding Millennial Women: Health & Contraception, September, 2014.

Quintiles (medical education company based in Hawthorn, NY), regarding vaginal atrophy. January, 2012.

Jamille Nagtalon-Ramos, MSN, CRNP, WHNP-BC; Associate Program Director, Women's Health Care Nurse Practitioner Program, University of Pennsylvania School of Nursing – collegial consultation on integration of gerontological content into the WHNP program, May 2011.

^Datamonitor (an international premium business and data analysis firm based in London, UK) Healthcare Division, regarding osteoporosis management. April, 2011.

Katherine Simmonds, MSN, MPH, WHNP-BC; Clinical Assistant Professor, Coordinator, Women's Health Nurse Practitioner Specialty, School of Nursing, MGH Institute of Health Professions – collegial consultation on integration of gerontological content into the WHNP/ANP program, February 2011.

Donna Chambers, Assistant Professor of Nursing at Wellstar School of Nursing Kennesaw State University in Kennesaw GA, faculty practice, advanced practice nurse role in nurse managed center, and establishing a nurse managed center, May 2010.

Joan Doback, Chief Orthopedic PA at Waterbury Hospital in Waterbury CT, development of Bone Center, May 2010.

Hsueh Fen Chou, doctoral candidate St Louis University School of Nursing, development of menopause self-perceptions and self-perceptions of aging scale, June – August 2008.

^Genactis, Inc., Marketing and Sales Division, methods to employ in research study on perceptions about vaginal estrogens, July 2008.

^Datamonitor (an international premium business and data analysis firm based in London, UK) Healthcare Division, regarding non-hormonal treatments, prescribing practices and Complementary and Alternative Therapy use for menopause symptom management. May, 2008.

^Datamonitor (an international premium business and data analysis firm based in London, UK) Healthcare Division, regarding the HRT market, covering both marketed and pipeline products and market issues, April, 2008.

Excellence in Medical Education (XME), content for continuing education course on menopause for Nurse Practitioners and Physician Associates, April 2008.

Alliance for Aging Research, development of Osteoporosis Tool for use by clinicians, February 2008.

ATHENA Feminine Technologies, clinical research methods for the DUETS Trial (Device to treat Urinary incontinence Effectiveness, Tolerability and Satisfaction), a clinical trial evaluating a pelvic muscle trainer device, 2007 – 2012.

Neurocrine Biosciences, methods for marketing new products to Nurse Practitioners, September, 2007.

^Business Research Group, United Kingdom, provided interpretation of published menopause research for application in clinical educational program, April, 2007.

^EPOS Health Consultants, Primary Health Care, Sexual and Reproductive Health, HIV/AIDS, Homburg, Germany; project planning and implementation strategies for improved efficiency and quality of health promotion in India “Health Sector Support Project;” March 2007.

Intermedica, content for Nurse Practitioner Symposium and Integrated Medicine Program Course, Spring 2007.

Deborah Wilson, RN, PhD, Howard University Faculty Member, Washington DC, focus group methodology and research process, 2007 – 2008.

- ^Hong Kong Polytechnic University, Advanced Practice Nursing Program development, 2006 – 2010.
- ^Denise Dommerholt, Eindhoven, Netherlands, development of menopause consulting practice, Spring 2006.
- Marjaneh M. Fooladi, WHNP, FNP, PhD, University of Texas at El Paso School of Nursing, Women’s Health Nurse Practitioner Program development, Spring 2006.
- ^Naoko Naitoh and Hikari Inoshita, Kagawa University; Akiko Shimomura, Hiroshima International University; Japan. Women’s Health curriculum, Women’s Health NP role and applicability in Japan. February 2006.
- Association of Reproductive Health Professionals (ARHP), interpreting racial disparities data in menopause, March – April, 2005.
- Roche, interpretation of osteoporosis management information and research findings for clinical application and dissemination, 2005 – 2007.
- ^Marjorie MacDonald, RN, PhD and Rita Shrieber, RN, DNS, University of Victoria School of Nursing, Victoria British Columbia, Canada, conducting focus group research to study nurse practitioner role implementation in British Columbia and New Brunswick, Canada, October 2004.
- ^Keiko Oi and Akemi Hirao, Aomori University, Aomori-shi, Aomori, Japan, regarding role and educational preparation of Women’s Health Nurse Practitioners, June 2004.
- Savage Laboratories, nutritional vitamin supplement ingredients for midlife women, July 2001.
- ^Alice Yeun Loke, Hong Kong Polytechnic University, Hong Kong, nurse practitioner program implementation, June, 1994.
- Madonna Place, Nursing Administration, conducted and analyzed focus groups for evaluation of services and programs, Norwich, CT, 1997 – 1999.
- ^Alice Yeun Loke, Hong Kong Polytechnic University, Hong Kong, regarding nurse practitioner program development, April 1994.

IX. PRESENTATIONS (*Data-based) (most recent first)

A. Professional Presentations, Refereed

- Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. (2021, Apr.). “Threaded Experiential Learning to Prepare NPs to Provide Equitable Primary Care with Integrated Behavioral Health for Medically Underserved Populations: PCNP CUPS.” Presentation, 2021 National Organization of Nurse Practitioner Faculties (NONPF) National Conference, Virtual Spring Conference.
- Jakubisin Konicki, A., Alexander, I., McNeil, B., & Bourassa, D. (2020, Oct.). “Evidence-based NP Education Practice Change: Meeting Behavioral Health Needs of Both NP student and Underserved Patient’s in PC in the Context of COVID-19 – “PCNP CUPS.” American Academy of Nursing’s 2020 Transforming Health, Driving Policy Conference (e-poster, presented at virtual meeting).
- McNeil, B. & Alexander, I. M. (2020, June). *Preceptor Boot Camp: Basic Training for Novice Preceptors*. 2020 American Association of Nurse Practitioners (AANP) National Conference, New Orleans, LA (poster).
- McNeil, B., Jakubisin Konicki, A., Bourassa, D., Alexander, I.M. (2020, April). *Barrier Busters: Improving Communications with Community Preceptors in "PCNP-CUPS"*. 2020 National

- Organization of Nurse Practitioner Faculties (NONPF) National Conference, Chicago, IL (poster).
- Mason, P., & Alexander, I. M. (2020, April). *Hospital based 360-degree Evaluation of the Use and Perceived Value of the C.A.R.E.® and Chapel Channels*. YNHHS 12th Annual Janet Parkosewich Nursing Research Conference, West Haven, CT (poster).
- Grigg, K., Alexander, I. M., DiStefano, L., & Seagriff, N. (2020, March). *Impact of a recreational physical activity education program for adolescent females in a low-income community*. The Revolutionary Power of Nursing Science: Health Equity, Policy, Practice: ENRS 32nd Annual Scientific Session, Boston, MA (poster).
- Alexander, I. M., Jakubisin Konicki, A., Bourassa, D., & McNeil, B. (2019, Oct). *Evidence-based NP Education Practice Change: "NP CUPS!"* American Academy of Nursing's 2019 Transforming Health, Driving Policy Conference. Washington DC (e-poster).
- McNeil, B., Jakubisin-Konicki, A., Bourassa, D., & Alexander, I.M. (2019, June). *The Survey Says...Clinical Teaching Needs of NP Preceptors*. 2019 American Association of Nurse Practitioners (AANP) National Conference, Indianapolis, IN (poster).
- McNeil, B., Jakubisin-Konicki, A., Bourassa, D., & Alexander, I.M. (2019, April) *Preserve the Preceptor: Aligning Expectations for Students, Preceptors, and Programs*. National Organization of Nurse Practitioner Faculties (NONPF) 45th Annual Conference, Atlanta, GA (podium).
- Jakubisin Konicki, A., McNeil, B., Bourassa, D., Blankson, M., Gammie, L., & Alexander, I. M. (2018, Nov). *An evidence-based education practice change: "ICAN" help underserved populations overcome social determinants of health*. American Academy of Nursing's 2018 Transforming Health, Driving Policy Conference. Washington DC (e-poster).
- Bourassa, D., Jakubisin-Konicki, A., McNeil, B., Blankson, M., & Alexander, I. M. (2018, September). *Clinical Nurse Leader as Quality Improvement Director*. Clinical Nurse Leader Association Fall Conference 2018. Charlotte, NC (peer-reviewed abstract selected for podium presentation, conference canceled due to hurricane).
- Alexander, I.M., Bourassa, D., Jakubisin-Konicki, A., McNeil, B., Blankson, M., & Gammie, L. (2018, Feb). *Innovative Academic-Clinical Practice Partnership to Enhance Quality and Safety in NP Care for Underserved Populations (UPs)*. American Association of Colleges of Nursing (AACN) Master's Education Conference, Garden Grove, CA (podium).
- McNeil, B., Jakubisin-Konicki, A., Bourassa, D., Blankson, M., & Alexander, I.M. (2017, Nov). *Developing a Clinical-Academic Partnership to Increase Nurse Practitioner Students' Readiness to Practice in Medically Underserved Areas (MUAs)*. Connecticut Center for Primary Care 10th Annual Primary Care Summit, Hartford, CT (poster).
- Jakubisin-Konicki, A., McNeil, B., Bourassa, D., Blankson, M., Gammie, L., & Alexander, I.M. (2017, Oct). *Preparing NPs to Care for Underserved Communities*. American Academy of Nursing 2017 Transforming Health, Driving Policy Conference, Washington, DC (poster).
- Jakubisin-Konicki, A., McNeil, B., Blankson, M., Bourassa, D., Gammie, L., & Alexander, I. M. (2017, April). *Increasing the number of primary care nurse practitioners for medically underserved communities*. National Organization of Nurse Practitioner Faculties (NONPF), 43rd Annual Meeting, Washington, DC (podium).
- McNeil, B., Jakubisin-Konicki, A., Bourassa, D., Blankson, M., Gammie, L., & Alexander, I.M. (2017, March). *"I CAN" Increasing primary care NP's readiness to practice in medically underserved areas*. Sigma Theta Tau International (STTI). Connecticut Collaborative Research Day, West Hartford, CT (poster).

- Alexander, I. M., Bourassa, D., Jakubisin-Konicki, A., McNeil, B., Gammie, L., & Blankson, M. (2017, Feb). *Increasing NPs Caring for Underserved Populations*. American Association of Colleges of Nursing (AACN) Master's Education Conference, Atlanta, GA (poster).
- Alexander, I. M. (2015, Feb). *Mentoring Student Development through Integration in a Scholarly Project: A Case Example of Student and Faculty Productivity*. American Association of Colleges of Nursing (AACN) Master's Education Conference, St Petersburg, FL (poster).
- *Kostas-Polston, E. A., Nutting, C., Johnson-Mallard, V., & Alexander, I. M. (2014, Nov). *Bioidentical hormone therapy: knowledge, beliefs, and prescribing and monitoring habits of American healthcare providers*. International Conference of Women's Health Issues, Cape Town, South Africa (podium – accepted, conference not attended).
- *Nutting, C., Kostas-Polston, E. A., Johnson-Mallard, V., Alexander, I. M. (2014, Oct), *Bioidentical Hormone Therapy: Knowledge, Beliefs, and Prescribing and Monitoring Habits of Women's Health Nurse Practitioners*. 17th Annual NPWH Premier Women's Healthcare Conference, Savannah, Georgia (podium).
- *Nutting, C., Kostas-Polston, E. A., Johnson-Mallard, V., Alexander, I. M. (2014, June), *Bioidentical hormones: Provider knowledge & clinical practice*. American Association of Nurse Practitioners (AANP) 2014 National Conference, Nashville, TN (podium).
- Alexander, I. M. (2014, April). *Evidence-based management of menopause-related symptoms in midlife women*. Sigma Theta Tau International: Connecticut's Collaborative Scholarship Day. Orange, CT (podium).
- *Lang, K., Alexander, I.M., Simon, J., Sussman, M., Lin, I., Menzin, J., Friedman, M., Dutwin, D., Bushmakina, A., Thrift-Perry, M., Altomare, C., Hsu, M-A. (2013, March). *Burden of Illness Associated with Selected Health Conditions among Women Aged 40-64 Years: Interim Findings from a U.S. Nationally-Representative Survey*. Women's Health 2013: The 21st Annual Congress. Washington, DC (poster).
- *Redeker, N.S., Alexander, N., Alexander, I., Mehta, S., Knechel, N., Cline, J., Pacelli, J., & Whittemore, R. (2012, June). *Perceptions of nurse practitioners about assessment and treatment of insomnia in primary care settings*. Sleep 35:A227. American Academy of Sleep Medicine and Sleep Research Society: Sleep Meeting 2012. Boston, MA (poster).
- *Alexander, I. M., Wysocki, S., Miller, R. G., Bolognese, M. A., & Lenge, T. R. (2007). Prevalence of osteoporotic and low bone mineral density by heel scan screening among healthy nurse practitioners (NPs) (abstract). *Women's Health Care: A Practical Journal for Nurse Practitioners*, 6(4), 31.
- *Alexander, I. M., Wysocki, S., Miller, R. G., & Bolognese, M. (2006). Recognition, Prevention, and Treatment of Osteoporosis (OP) Among Advanced Practice Nurses (APNs) (abstract). *Menopause* 13(6), 995.
- *Alexander, I. M., Wysocki, S., Miller, R. G., & Bolognese, M. (2005, September). *Recognition, Prevention, and Treatment of Osteoporosis Among Advanced Practice Nurses (APNs)*. National Association of Nurse Practitioners in Women's Health (NPWH), 8th Annual National Conference, Women's Healthcare in the New Millennium. Naples, FL. (poster).
- Alexander, I. M., & Meredith, D. (2005, April). *Integrated Women's Health: A Practical Model*. National Organization of Nurse Practitioner Faculties (NONPF) 31st Annual Meeting. Chicago, IL.
- *Alexander, I. M., Motter, S., Ruff, C., Rousseau, M. E., White, K. (2004). Reasons for Hormone Therapy Use, Discontinuation, or Avoidance Among Black Women (abstract). *Menopause* 11(6), 661.

- *Alexander, I. M., Ruff, C., Rousseau, M. E., White, K., Motter, S., McKie, C., & Clarke, P. (2004, August). *Experiences and Perceptions of Menopause and Midlife Health and Self-Management Strategies Identified by Black Women*. Department of Health and Human Services (DHHS) Conference – Women of Color Taking Action for a Healthier Life: Progress, Partnerships and Possibilities, Washington, DC.
- *Brienza, R. S., Whitman, L. M., Green, M. L., Ladouceur, L., & Alexander, I. (2004). A pilot randomized controlled trial of exposure to a women's safe shelter using qualitative methods to explore residents' perspectives about intimate partner violence (IPV) education (abstract). *Journal of General Internal Medicine*, 19(S1), 111.
- *Alexander, I. M., Ruff, C., Rousseau, M. E., White, K., Motter, S., McKie, C., & Clarke, P. (2004, April). *Experiences and Perceptions of Menopause and Midlife Health among Black Women*. Eastern Nursing Research Society (ENRS) 16th Annual Scientific Sessions, Partnerships: Advancing the Research Agenda for Quality Care, Quincy, MA.
- Alexander, I. M., Ruff, C., Rousseau, M. E., & White, K. (2004, April). *Experiences and Perceptions of Menopause and Midlife Health among Black Women: A Case Example of Integrating Students into Research Projects*. National Organization of Nurse Practitioner Faculties (NONPF) 30th Annual Meeting, Visioning for the Future – Celebrating the Past, San Diego, CA
- *Alexander, I. M., Motter, S., Ruff, C., Rousseau, M. E., White, K. (2004, March). *Hormone Therapy Use among Black Women: Why or why not?* Howard University Division of Nursing 10th Annual M. Elizabeth Carnegie Research Day Conference, Washington, DC. (poster).
- *Alexander, I. M., Ruff, C., Rousseau, M. E., White, K., Motter, S., McKie, C., Clarke, P. (2003). Menopause symptoms and management strategies identified by black women (abstract). *Menopause*, 10(6), 601.
- *Alexander, I. M., Rousseau, M. E., White, K., Ruff, C., & McKie, C. (2003, March). *Menopause symptom management in black women*. Howard University Division of Nursing Ninth Annual M. Elizabeth Carnegie Research Day Conference, Washington, DC.
- *Alexander, I. M. (2002, November). *Critical Theory in Action: Women and Health Care Interactions*. Englewood Hospital and Medical Center, 9th Annual Nursing Research Day, Focus on Women's Health Issues: Validating the Art & Science of Nursing, Englewood, NJ.
- *Alexander, I. M. (2002, March). *Critical Theory Applied – Women and Primary Care Interactions*. Eastern Nursing Research Society (ENRS), 14th Annual Scientific Sessions, State College, PA.
- *Alexander, I. M. (2001, April). *Critical Theory in Action: Women and Health Care Interactions*. National Organization of Nurse Practitioner Faculties (NONPF), 27th Annual Meeting, Leadership for the future: Nurse Practitioner Education, Research, and Practice, San Antonio, TX.
- *Alexander, I. M. (2001, April). *Development and Evaluation of an Instrument to Measure Attitudes Toward Nurse Practitioners as Competent Primary Care Providers*. Eastern Nursing Research Society (ENRS), 13th Annual Scientific Sessions, Research for A New America: Peoples, Technology, And Healthcare, Atlantic City, NJ.
- Russo, C., Alexander, I. M., & Smith, D. (2001, March). *Access to Health Care – Redefining Systems and Practice in Primary Care*. Association of Nurse Executives (AONE) 34th Annual Meeting and Exposition of Nurse Executives “Thinking Together – Working Together...Connecting People, Ideas, and Resources,” Long Beach, CA. (poster).
- *McCool, W. F., Alexander, I. M., & Kalb, S. (1997, May). *Midwives', Family Practice*

Physicians', and Obstetricians' views of the intrapartum: Results from the LDOS nationwide survey. American College of Nurse-Midwives (ACNM) 42nd Annual Meeting, Boston, MA. (poster).

- *Alexander, I. M., & McCool, W. F. (1997, April). *Labor and delivery outcomes: Comparing perspectives of Certified Nurse-Midwives, Family Practice Physicians, and Obstetricians.* National Organization for Nurse Practitioner Faculties (NONPF), 23rd Annual Meeting, Interdisciplinary Research and Education: A Foundation for Our Future, Albuquerque, NM.
- *Roosa, M., McCool, W. F., & Alexander, I. M. (1996, March). *The relation of social support to hormonal measures of stress and intrapartal outcomes in primigravid women.* Poster presentation at the Annual Research Conference of the Pennsylvania State University, Beta Sigma Chapter, Sigma Theta Tau International, Nursing Research: Putting Research into Practice, University Park, PA.
- *Muldoon, K., McCool, W. F., & Alexander, I. M. (1996, March). *Changes in self-esteem of primiparous women as related to intrapartal events.* National Maternal-Child Nursing Conference, New Orleans, LA. (poster).
- *Yellin, A., McCool, W. F., & Alexander, I. M. (1995, April). *Gravid women's postpartum assessment of intrapartal experience as related to antepartal attitudes toward pregnancy.* Fourth Annual Nursing Research Day, Mu Beta Chapter, Sigma Theta Tau International, Branford, CT. (poster).
- *Schiff, C., McCool, W. F., & Alexander, I. M. (1995, March). *The relation of cortisol and catecholamine measures of stress reactivity during pregnancy to intrapartal outcomes.* Fourth Annual U.S. Public Health Service Nursing Research Conference, Bethesda, MD. (poster).
- *McAllister, M. & Alexander, I. M. (1991, June). *Investigating the relationship between triceps skinfold thickness, body weight, and blood pressure in college students – A Pilot study.* National Conference of the American Academy of Nurse Practitioners, Portland, Oregon. (poster).

B. Professional Presentations, Invited – Professional Audience

- Perez-Brescia, MA. (Moderator), Alexander, I. M., Barry, L., Chinn, P., Allen-Greene, G. (Panelists). (2021, May). SoN Fireside Chat Series: A Conversation on Diversity, Equity and Inclusion (Panelist; Storrs, CT; presented via Zoom).
- Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. M. (2021 – 2023). Behavioral Health Issues in those with Military Backgrounds: Individuals and Families. Behavioral Health Program #6 in Series of 6. UConn School of Nursing, Online Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- Alexander, I. M. (2021, May). *Osteoporosis Prevention, Identification, & Management – 2021 Update.* Community Health Center, Inc. Residency Program. Middletown, CT (aired via closed captioned TV throughout all CHCI sites).
- Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. M. (2021, March). Serious Mental Illness in Primary Care. Behavioral Health Program #5 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- McNeil, B., Jakubisin Konicki, A., Bourassa, D., & Alexander, I. M. (2021, February).

- Challenges of Substance Use Disorder: Primary Care Management and Chronic Pain. Behavioral Health Program #4 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- Alexander, I. M. (2021, January). *Abnormal Uterine Bleeding in Midlife Women*. ThriveAP Continuing Education Program, National Webinar for NPs and PAs.
- McNeil, B., Jakubisin Konicki, A., Bourassa, D., & Alexander, I. M. (2020, November). Identification and Management of Depression and Anxiety in Primary Care. Behavioral Health Program #3 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. M. (2020, October). Trauma Informed Care. Behavioral Health Program #2 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- McNeil, B., Jakubisin Konicki, A., Bourassa, D., & Alexander, I. M. (2020, September). Scope of Behavioral Health in the Primary Care setting. Behavioral Health Program #1 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- Alexander, I. M. (2020, August). *Abnormal Uterine Bleeding in Midlife Women*. ThriveAP Continuing Education Program, National Webinar for NPs and PAs.
- Alexander, I. M. (2020, May). *Osteoporosis Prevention, Identification, & Management – 2020 Update*. Community Health Center, Inc. Residency Program. Middletown, CT (aired via closed captioned TV throughout all CHCI sites).
- Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. M. (2020, April). Behavioral Health Issues in those with Military Backgrounds: Individuals and Families. Behavioral Health Program #6 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. M. (2020, April). Trauma Informed Care. Behavioral Health Program #5 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- Jakubisin Konicki, A., McNeil, B., Bourassa, D., & Alexander, I. M. (2020, February). Serious Mental Illness in Primary Care. Behavioral Health Program #4 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- Alexander, I. M. (2020, February). *Abnormal Uterine Bleeding in Midlife Women*. MidlevelU Continuing Education Program, National Webinar for NPs and PAs.
- McNeil, B., Jakubisin Konicki, A., Bourassa, D., & Alexander, I. M. (2020, January). Challenges of Substance Use Disorder: Primary Care Management and Chronic Pain. Behavioral Health Program #3 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- McNeil, B., Jakubisin Konicki, A., Bourassa, D., & Alexander, I. M. (2019, November). Identification and Management of Depression and Anxiety in Primary Care. Behavioral

- Health Program #2 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- Alexander, I. M. (2019, September). *Midlife Women's Health – Menopause*. MidlevelU Continuing Education Program, National Webinar for NPs and PAs.
- McNeil, B., Jakubisin Konicki, A., Bourassa, D., & Alexander, I. M. (2019, September). Scope of Behavioral Health in the Primary Care setting. Behavioral Health Program #1 in Series of 6. UConn School of Nursing, Continuing Education Program accredited through ANCC, Storrs, CT. Development supported by HRSA Grant # T94HP32904.
- Alexander, I. M. (2019, May). *Osteoporosis Prevention, Identification, & Management – 2019 Update*. Community Health Center, Inc. Residency Program. Middletown, CT (aired via closed captioned TV throughout all CHCI sites).
- Alexander, I. M. (2018, August). *Osteoporosis*. MidlevelU Continuing Education Program, National Webinar for NPs and PAs.
- Alexander, I. M. (2018, June). *Headache*. MidlevelU Continuing Education Program, National Webinar for NPs and PAs.
- Alexander, I. M. (2018, May). *Care of the Female Patient in Midlife - Menopause*. MidlevelU Continuing Education Program, National Webinar for NPs and PAs.
- Alexander, I. M. (2018, May). *Osteoporosis Prevention, Identification, & Management*. Community Health Center, Inc. Residency Program. Middletown, CT (aired via closed captioned TV throughout all CHCI sites).
- Alexander, I. M. (2018, Jan). *COPD: Current Diagnosis, Management, & Treatment*. MidlevelU Continuing Education Program, National Webinar for NPs and PAs.
- Alexander, I. M. (2017, May). *Osteoporosis Prevention, Identification, & Management*. Community Health Center, Inc. Residency Program. Middletown, CT (aired via closed captioned TV throughout all CHCI sites).
- Alexander, I. M. (2017, May). *Care of the Female Patient in Midlife - Menopause*. MidlevelU Continuing Education Program, National Webinar for NPs and PAs.
- Alexander, I. M. (2017, March). *Headache*. MidlevelU Continuing Education Program, National Webinar for NPs and PAs.
- Alexander, I. M. (2016, Dec). *COPD: Diagnosis, Management, & Treatment*. MidlevelU Continuing Education Program, National Webinar for NPs and PAs.
- Alexander, I. M. (2016, May). *Osteoporosis Prevention, Identification, & Management*. Community Health Center, Inc. Residency Program. Middletown, CT (aired via closed captioned TV throughout all CHCI sites).
- Alexander, I. M. (2015, May). *Osteoporosis Prevention, Identification, & Management*. Community Health Center, Inc. Residency Program. Middletown, CT (aired via closed captioned TV throughout all CHCI sites).
- Alexander, I. M. (2014, Nov). *Evidence-based Strategies for Menopause-related Symptom Management*. Planned Parenthood of Southern New England, Clinician Conference, Wethersfield, CT.
- Alexander, I. M. (2013, May). *Osteoporosis Identification, Prevention, and Management*. Gerontological Advanced Practice Nurses Association (GAPNA) Annual Meeting, North Haven, CT.
- Alexander, I. M. (2013, April). *Midlife Women's Health Workshop: The Latest Updates on Menopause and Osteoporosis Management*. Connecticut APRN Society (CTAPRNS) Annual

- Conference: Cultivating Professional Growth, Waterbury, CT.
- Alexander, I. M. (2012, October). *Comprehensive Menopause Care: APN Practice*. North American Menopause Society 23rd Annual Meeting, Midlife & Beyond: The Power of Prevention, Orlando, FL.
- Alexander, I. M. & Swan, M. (2012, August). *Women's Health Update: Contraception and Menopause Management*. Community Health Centers, Inc, Grand Rounds, Middletown, CT.
- Alexander, I. M. (2012, June). *Abnormal Uterine Bleeding in Midlife Women*. Nurse Practitioner Associates for Continuing Education (NPACE) National Primary care and Women's Health Care Conference, Brewster, MA.
- Alexander, I. M. (2012, June). *Clinical Updates in Managing Osteoporosis*. Nurse Practitioner Associates for Continuing Education (NPACE) National Primary Care and Women's Health Care Conference, Brewster, MA.
- Alexander, I. M. (2012, April). *Modifiable Osteoporosis-related Risks: Lifestyle Changes for Healthy Bones*. 2012 International Symposium on Osteoporosis. Translating Research into Clinical Practice, Orlando, FL.
- McClung, M., Alexander, I. M., Kessenich, K. & Rawlins, S. (2012, April). *Closing the Care Gap: Nursing's Role in Osteoporosis Management*. Nursing Symposium at the 2012 International Symposium on Osteoporosis. Translating Research into Clinical Practice, Orlando, FL
- Alexander, I. M. (2012, March). *Menopause Management: 2012 Update*. Women's Health Congress, Washington, D. C.
- Gulanski, B. & Alexander, I. M. (2012, February). *Osteoporosis 2012 and Introduction to the Yale Health Osteoporosis Clinical Guidelines*. Yale HEALTH, Clinical Round Table, New Haven, CT.
- Alexander, I. M. (2011, October). *Osteoporosis 2011: Prevention, Recognition, and Management*. National Association of Nurse Practitioners in Women's Health (NPWH) 14th Annual Premier Women's HealthCare Conference, Austin TX.
- Alexander, I. M., & Taylor, M. (2011, October). *Hot Flashes and More: Midlife Women's Health and Beyond*. National Association of Nurse Practitioners in Women's Health (NPWH) 14th Annual Premier Women's HealthCare Conference, Austin TX.
- Alexander, I. M. (2011, September). *Osteoporosis and Menopause*. Student Health Educational Session, Yale HEALTH, New Haven, CT.
- Alexander, I. M. (2011, Sept). *ANP Practice – Enhancing Care for Menopausal Woman*. North American Menopause Society 22nd Annual Meeting, Washington, DC.
- Alexander, I. M. (2011, June). *The Evidence Base on Hormone Therapy for Menopause-Related Symptoms*. Nurse Practitioner Associates for Continuing Education (NPACE) National Primary Care Conference: Women's Health and Elder Care, Brewster, MA.
- Alexander, I. M. (2011, June). *NP Care: Highlighting our Strengths in Solving the Healthcare Crisis* (Keynote). Nurse Practitioner Associates for Continuing Education (NPACE) National Primary Care Conference: Women's Health and Elder Care, Brewster, MA.
- Alexander, I. M. (2011, June). Journal Club Author Facilitator Discussing Alexander, I. M. (2010). Emancipatory actions displayed by multi-ethnic women: "Regaining control of my health care." *Journal of the American Academy of Nurse Practitioners*, 22(11), 602-611 for San Francisco General Hospital Nursing Research Council, San Francisco, CA (attended via Skype).
- Alexander, I. M. (2011, May). *Midlife Women's' Health*. Yale HEALTH, Clinical Round Table,

- New Haven, CT.
- Alexander, I. M. (2011, May). *Healthcare of the Future – Highlighting Our Strengths in Solving the Healthcare Crisis* (Keynote). Connecticut Advanced Practice Nurses Society (CT APRN Society) Annual Conference: Caring for New England into the Next Decade, Westbrook, CT.
- Alexander, I. M. (2011, May). *Midlife Women’s Health: A Focus on Evidence-based Recognition and Management of Menopause and Osteoporosis* (Workshop). Connecticut Advanced Practice Nurses Society (CT APRN Society) Annual Conference: Caring for New England into the Next Decade, Westbrook, CT.
- Alexander, I. M. (2011, January). *Osteoporosis: The latest Guidelines Recommendations*. Nurse Practitioner Associates for Continuing Education (NPACE) National Primary Care Conference: Addressing the Challenges of Providing Primary Care Across the Lifespan, Uncasville, CT.
- Alexander, I. M. (2011, January). *Improving the Quality of Life in Midlife Women*. Nurse Practitioner Associates for Continuing Education (NPACE) National Primary Care Conference: Addressing the Challenges of Providing Primary Care Across the Lifespan, Uncasville, CT.
- Alexander, I. M. (2010, Oct). *Menopause 2010: What’s New and What Works?* Nurse Practitioner Association New York State 26th Annual Convention, Bolton Landing, NY.
- Pace, D. R. & Alexander, I. M. (2010, Oct). *Advanced Practice Nurses in Menopause Practice*. North American Menopause Society 21st Annual Meeting: Transition and Change: The Future is Upon Us, Chicago, IL.
- Alexander, I. M. (2010, March). *Multidisciplinary Osteoporosis Management: Making Appropriate Referrals and Patient Follow Up*. Clinical Osteoporosis 2010: An ISCD-NOF Symposium, San Antonio, TX. (ISCD – International Society for Clinical Densitometry; NOF – National Osteoporosis Foundation)
- Alexander, I. M. (2010, January). *Latest Update of Evidence-based Approaches to Menopause Symptom Management*. Nurse Practitioner Associates for Continuing Education (NPACE) National Primary Care Conference: Addressing the Challenges of Providing Primary Care Across the Lifespan, Uncasville, CT.
- Speroff, L. (Moderator), Alexander, I. M., Archer, D. F., Helmrich, G. A., MacLennan, A. H., Shifren, J. L., Warren, M. P. (2009, October). *Quiz the Experts Session*. North American Menopause Society 20th Annual Meeting, A New Experience: Bringing Technology to Menopausal Health, San Diego, CA.
- Alexander, I. M. (2009, June). *Osteoporosis and Osteopenia Management*. Yale University Health Services Medical Grand Rounds, New Haven, CT.
- Alexander, I. M. (2008, November). *Osteoporosis and Osteopenia: Strategies for Identification and Management*. Nurse Practitioner Associates for Continuing Education (NPACE) National Primary Care Conference, Boston, MA.
- Alexander, I. M., & Pace, D. T. (2008, September). *Meet The Professors Round Table Discussion on Menopause Management*. North American Menopause Society, Annual Meeting, Orlando, FL.
- Alexander, I. M. (2008, June). *Dysfunctional Uterine Bleeding in Women over 40*. Nurse Practitioner Associates for Continuing Education (NPACE) New England Women’s Health and Older Adult Conference, North Falmouth, MA.
- Alexander, I. M. (2008, February). *Osteoporosis Identification and Management*. Nursing Grand Rounds, Yale University Health Services, New Haven, CT.

- Alexander, I. M. (2008, February). *Premenstrual Dysphoric Disorder: Addressing the Emotional and Physiological Manifestations*. Nurse Practitioner Associates for Continuing Education (NPACE) Mental Health & Addictions Conference, Ledyard, CT.
- Alexander, I. M. (2007, October). *Strategies in Osteoporosis Prevention, Identification, and Treatment*. Veterans Administration of Connecticut APRN Continuing Education Retreat, Wallingford, CT.
- Alexander, I. M. (2007, October). *Exploring Options in Premenstrual Dysphoric Disorder Management (PMDD): An Interactive Workshop*. National Association of Nurse Practitioners in Women's Health (NPWH), 10th Annual National Conference, Women's Healthcare in the New Millennium, Philadelphia, PA.
- Alexander, I. M. (2007, January). *Quality of Life, Menopausal Changes, and Hormone Therapy*. Medical Grand Rounds, SUNY Upstate Medical University, OB/GYN Department, Syracuse, NY.
- Alexander, I. M. (2007, January). *Hormone Therapy: Communicating Benefits and Risks in Peri- and Post-Menopausal Women*. New York State Council of Health-System Pharmacists Annual Conference, Killington, VT.
- Alexander, I. M. (2006, September). *Osteoporosis and Osteopenia: Prevention, Identification, and Treatment*. National Association of Nurse Practitioners in Women's Health (NPWH) 9th Annual National Conference, Women's Healthcare in the New Millennium, Las Vegas, NE.
- Alexander, I. M. (2006, June). *Strategies in Osteoporosis Prevention, Identification, and Treatment*. Nurse Practitioner Associates for Continuing Education (NPACE) New England Women's Health and Older Adult Conference, North Falmouth, MA.
- *Alexander, I. M. (2006, June). *Giving Patients What They Want: NP Care*. Nurse Practitioner Associates for Continuing Education (NPACE) New England Women's Health and Older Adult Conference, North Falmouth, MA. (Keynote presentation).
- Alexander, I. M. (2006, May). *Protecting a Woman's Skeleton*. American Society of Clinical Pharmacists Senior Symposium 2006, Foxwoods Resort & Casino, Mashantucket, CT. (Keynote presentation).
- Alexander, I. M. (2006, April). *Osteoporosis: Issues in Clinical Evaluation and Management*. Nurse Practitioner Associates for Continuing Education (NPACE) Southeast National Primary Care Conference, Orlando, FL.
- Alexander, I. M. (2005, November). *Osteoporosis and Osteopenia: Strategies for Identification and Management*. Nurse Practitioner Associates for Continuing Education (NPACE) Boston National Primary Care Conference, Boston, MA.
- Alexander, I. M., & Cheney, B. (2004, 2005, 2006). *Suturing 101: A hands on Suturing Skills Workshop*. American College of Nurse Practitioners Clinical Conference, Philadelphia, PA (2004), Palm Springs, CA (2005), Orlando, FL (2006).
- Alexander, I. M. (2005, October). *Urogenital Aging in WSW*. Regional Nurse Practitioner Conference, The Health Needs of WSW: A Focus on Vaginal Health, Natick, MA.
- Alexander, I. M. (2005, October). *Creating Awareness through the Sexual History: The key to Managing Vaginal Health*. Regional Nurse Practitioner Conference, The Health Needs of WSW: A Focus on Vaginal Health, Natick, MA.
- Alexander, I. M. (2005, June). *Menopause Symptom Management: Where Are We Today?* New Haven Advanced Practice Nurse Group, New Haven, CT.
- *Alexander, I. M. (2005, April). *The Use of Focus Groups to Explore the Experiences and Perceptions of Menopause and Midlife Health Among Black Women*. University of

- Massachusetts and Beta Zeta Chapter Sigma Theta Tau Research Day, Holyoke, MA. (Keynote presentation).
- Alexander, I. M. (2005, March). *Menopause Symptom Management: The Latest on Lifestyle Approaches, Complimentary and Alternative Therapies, and Hormone Therapy*. Nursing Spectrum Nursing Expo Continuing Education Conference for Nurses, Springfield, MA.
- Alexander, I. M. (2004, June). *Individualized Counseling for non-daily Hormonal Contraceptives: A Case Based Approach*. Advanced Practice Nurses Meeting, Boston, MA.
- *Alexander, I. M. (2004, April). *Menopause and Black Women: Understanding the Symptoms Perceived as Most Bothersome and identifying Strategies for Menopause Self-Management*. Mu Beta Chapter, Mu Chi Chapter, and Delta Mu Chapter Sigma Theta Tau Research Meeting, North Haven, CT.
- Alexander, I. M., & Reiter, S. (2003, October). *Facts and Fallacies: Menopause and Hormone Therapy – A Case Study Approach*. National Association of Nurse Practitioners in Women's Health (NPWH), 6th Annual National Conference, Women's Healthcare in the New Millennium. Savannah, GA.
- Alexander, I. M. & Cheney, B. (2003, October; 2002, October). *Suturing Workshop*. National Association of Nurse Practitioners in Women's Health (NPWH), 6th Annual National Conference, Women's Healthcare in the New Millennium, Scottsdale, AZ (2002), Savannah, GA (2003).
- Alexander, I. M., Wysocki, S., Freeman, S., Reiter, S., & Rawlins, S. (2003, July; 2003, November). *Osteoporosis: A Comprehensive Approach for Diagnosis and Management*. Nurse Practitioner Associates for Continuing Education (NPACE) Pre-Conference, Hyannis, MA, (July 2003), Boston, MA (November 5, 2003), (November 19, 2003)
- Alexander, I. M. (2003, May). *Menopause Management: HRT and Beyond*. Connecticut Nurse Practitioner Group, Inc. Spring Program, Cromwell, CT.
- Alexander, I. M. (2002, December). *Managing Menopause*. Nursing Organization of the Veteran's Administration (NOVA) Continuing Education Program, West Haven, CT.
- Alexander, I. M. (2002, August). *Midlife Issues: Cardiovascular Disease, HERS II, WHI and Diabetes*. Presentation at the Essential Therapy for Women: Hormones Throughout the Lifecycle Program, Baltimore, MD.
- Alexander, I., M. (2002, July). *Hormonal Issues for Women: Adolescence to Later Life*. Women's Health NP Program, Old Saybrook, CT.
- Alexander, I. M. (2002). *Midlife Issues: Skin and Osteoporosis*. Essential Therapy for Women: Hormones Throughout the Lifecycle Program, Philadelphia, PA (June 2002), Baltimore, MD (August 2002), New York, NY (October 2002).
- Alexander, I. M. (2002). *What's New: The Latest in Hormonal Contraception*. Essential Therapy for Women: Hormones Throughout the Lifecycle Program, Philadelphia, PA (June 2002), New York, NY (October 2002).
- Alexander, I. M. (2002, February). *Hormone Replacement Therapy*. Women's Health Nurse Practitioner Speaker Training Series, New York, NY.
- *Alexander, I. M. (2001, October). *Critical Social Theory in Action*. Rivier-St. Joseph Nursing Honor Society, 4th Annual Nursing Research Day, Nashua, NH. (Keynote).
- *Alexander, I. M. (2001, October). *What Women Want from Primary Care Interactions*. National Association of Nurse Practitioners in Women's Health (NPWH), 4th Annual National Conference, Women's Healthcare in the New Millennium, Lake Buena Vista, FL.
- Alexander, I. M. (2001). *Hormone Replacement Therapy Decision Making: Weighing the*

- Benefits and Barriers of HRT*. Presentation at the “A Woman’s Journey: Hormones Throughout the Lifecycle” Program, Raleigh, NC (May 2001), Cleveland, OH (June 2001), Philadelphia, PA (July 2001), Miami, FL (November 2001).
- Alexander, I. M. (2001). *Hormone Replacement Therapy Decision Making: Short Term Benefits and Prevention of Osteoporosis*. “A Woman’s Journey: Hormones Throughout the Lifecycle” Program, Cleveland, OH (June 2001), Philadelphia, PA (July 2001), Miami, FL (November 2001).
- *Alexander, I. M. (2001, June). *Nursing Research: Women and Primary Care Interactions*. Nursing Grand Rounds, Yale University Health Services, New Haven, CT.
- *Alexander, I. M. (2001, May). *Hearing Women’s Voices: Primary Care Interactions*. University of Connecticut School of Nursing Annual Research Day, Storrs, CT.
- Alexander, I. M. (2001, May). *Alternative Therapies Used for Menopausal Symptoms*. Presentation at the “A Woman’s Journey: Hormones Throughout the Lifecycle” Program, Raleigh-Durham, NC.
- Alexander, I. M. (2000, October). *Osteoporosis Recognition, Prevention, and Treatment*. National Association of Nurse Practitioners in Women’s Health (NPWH), National Conference, Women’s Healthcare in the New Millennium, Albuquerque, NM.
- Alexander, I. M. (2000, October). *Hepatitis A to E: Primary Care Assessment and Management*. National Association of Nurse Practitioners in Women’s Health (NPWH), National Conference, Women’s Healthcare in the New Millennium, Albuquerque, NM.
- Alexander, I. M. (1999). *Changes in the State APRN Statute*. VA Connecticut Health Care System APRN Retreat, Wallingford, CT.
- Alexander, I. M. (1999, October). *Hepatitis A-E: Primary Care Management*. Connecticut Nurse Practitioner’s Group, Inc. (CNPGI) Conference, Hamden, CT.
- Alexander, I. M. (1998, October). *Drink Your Milk: Bone Density and Osteoporosis*. National Association of Nurse Practitioners in Reproductive Health (NANPRH), National Conference, Women’s Healthcare in the New Millennium, Las Vegas, NV.

C. Professional Presentations, Invited – Consumer Audience

- Alexander, I. M. (2017, Nov). Midlife Women’s Health Workshop: Menopause Symptom Management & Osteoporosis Prevention, Identification & Management. University of Connecticut School of Nursing 75th Anniversary Symposium, Avery Point Campus, Groton, CT.
- Alexander, I. M. (2014, Oct). *Maintaining and Building Health in Graduate School – Staying IN SHAPE Through Nutrition and Exercise*. University of Connecticut Graduate Wellness Program, Storrs, CT.
- Alexander, I. M. (2013, May). *Staying IN SHAPE: Preventing Heart Disease for Women of All Ages*. Yale Health Sponsored Presentation for the Yale and New Haven Community, New Haven, CT.
- Alexander, I. M. (2012, Nov). *Staying IN SHAPE: Practical Tips to Maximize Your Health Through Diet and Exercise*. Yale Health Sponsored Presentation for the Yale and New Haven Community, New Haven, CT.
- Alexander, I. M. (2012, May). *Musings from an Academic on Writing for the Lay Public*. American Medical Writers Association Annual Dinner Meeting, New Haven, CT.

- Alexander, I. M. (2012, April). *Osteoporosis: What Every Man and Woman Needs to Know*. Yale Health Sponsored Presentation for the Yale and New Haven Community, New Haven, CT.
- Alexander, I. M. (2012, April). *Osteoporosis: Keeping Your Bones Strong! A Challenge for Women of All Ages*. Women's Wellness Weekend, Woodbridge, VT.
- Alexander, I. M. (2012, February). *Menopause: A Discussion for Women and their Partners*. Yale Health Sponsored Presentation for the Yale and New Haven Community, New Haven, CT
- Alexander, I. M. (2009, October). *Menopause and Osteoporosis*. Yale University Health Services sponsored Women's Health and Wellness Fair, New Haven, CT.
- Alexander, I. M. (2009, March). *Osteoporosis and Midlife Health Issues: Controlling the Chaos!* Mother's Get-Away Weekend "Keeping the Balance," Southbury, CT.
- Alexander, I. M. (2008, December). *Menopause and Osteoporosis*. Yale University Health Services sponsored Wellness Fair, New Haven, CT.
- Alexander, I. M. (2008, May). *Mid-life Women's Health Issues*. Women's Wellness Weekend, Camp Hazen YMCA and Valley Shore YMCA, Chester, CT.
- Alexander, I. M. (2008, January). *Mid-life Women's Health Issues*. Deep River Public Library, Deep River, CT.
- Alexander, I. M. (2007, May). *Women's Health Issues – Staying "IN SHAPE" Tips for Maintaining and Improving Health*. "Mothers & More" Meeting, Hamden, CT.
- Alexander, I. M. (2007, March). *Perimenopause and Menopause: Understanding and Controlling the Chaos!* Women's Health Conference, Women and Family Life Center, Westbrook, CT.
- Alexander, I. M. (2006, October). *Prevention, Recognition, and Treatment of Osteoporosis and Osteopenia*. Greenwich Hospital Women's Resource Center Sponsored Community Program, Greenwich, CT.
- Alexander, I. M. (2006, October). *Midlife Health Issues: A Focus on Menopause and Osteoporosis*. Yale University Health Services Women's Health Program, New Haven, CT.
- Alexander, I. M. (2005, August; 2004, August). *IN SHAPE – Nutritional Tips for Women*. "Take Time for You: Getting Up, Getting Out and Getting Fit" Pilot Pen Tennis Tournament Luncheon Presentation co-sponsored by The national Women's Health Resource Center and Bed, Bath and Beyond, New Haven, CT.
- Alexander, I. M. (2005, April). *Women's Health Issues: Strategies for Staying Well*. Mount Holyoke Alumni Club Meeting, Hamden, CT.
- Alexander, I. M. (2005, April). *Good Nutrition in Our Later Years*. Orange Senior Group meeting, Orange Senior Center, Orange, CT.
- Alexander, I. M. (2004, January). *Menopause Management: The Road Not Taken....Looking at Alternative Strategies*. Yale University Health Services, Department of Ob/GYN, Menopause Series, Educational Program for Patients, New Haven, CT.

E. Media

Satellite Media Tour – appeared on 28 nationwide television news programs and radio shows to discuss results from the Working Mother Research Institute survey *Menopause at Work*, NY, NY: May 21, 2014.

Hormone Therapy Counseling Strategies – videotaped for internet streaming on website educating primary care clinicians about managing menopause-related symptoms. The Menopause Care Collaborative, NY, NY; Nov, 2013.

Alternative Approaches to Menopause-related Symptom Treatment – videotaped for internet streaming on website educating primary care clinicians about managing menopause-related symptoms. The Menopause Care Collaborative, NY, NY; Nov, 2013.

Menopause and Osteoporosis, a Podcast Interview for Hispanic Marketing and Public Relations (HMPR.com), taped Feb 1, 2013. Available at:
<http://www.hispanicmpr.com/2013/02/11/listen-to-podcast-interview-with-ivy-alexander-ph-d-professor-yale-university-school-of-nursing-about-menopause-osteoporosis/>

Real Women on Health! Blogtalkradio.com, Guest for on-line radio show discussing “What you can do now to feel great in 10 years,” live January 14, 2010.

CT Public Television, “21st Century Conversations: Midlife Women’s Health,” Guest for Public Television Patient Education Broadcast, CT, live and taped May 21, 2009.

CNBC Interview with Diana Olick discussing business focus on menopause for *Boomer Nation*. Taped November 16, 2006 at Yale studio, New Haven, CT, aired November 17, 2006.

CT Public Television, “21st Century Conversations: Hot Issues in Women’s Health,” Guest for Public Television Patient Education Broadcast, CT, live and taped May 19, 2005.

Powersurge.com On-Line Chat Guest Discussing Menopause, April 28, 2005.

CT Public Television, “21st Century Conversations: Midlife health Issues for Women (Part II, 2 part series),” Guest for Public Television Patient Education Broadcast, CT, taped June 30, 2004.

CT Public Television, “21st Century Conversations: Midlife health Issues for Women (Part I, 2 part series),” Guest for Public Television Patient Education Broadcast, CT, taped May 12, 2004.

Fox News Interview discussing research findings from “Hearing Women’s Voices: Primary Care Interactions.” Orlando, FL, October, 2001.

CT Public Television, “21st Century Conversations: Demystifying Menopause,” Guest for Public Television Patient Education Broadcast, CT, live and taped May 31, 2001.

CT Public Television, “21st Century Conversations: Women’s Primary Health Care,” Guest for Public Television Patient Education Broadcast, CT, taped December 13, 2000.

X. PROFESSIONAL SERVICE (* Elected) (most recent first)

A. Local / Regional Professional Service

Eastern Nurses Research Society

Member 2000 – 2016.

Abstract Review Committee, 2003, 2006.

Connecticut Nurse Practitioner Group, Inc. / Connecticut APRN Society (name changed, 2004)

Member, 1992 – present.

Board Member – *Treasurer, 1994 – 2001.

Board Member – *Nominations Committee, Chair, 2001 – 2008.

Board Member – Newsletter Committee, Chair, 2008 – 2009.

Newsletter Committee Member, 2009 – 2014.

Connecticut Board of Nurse Examiners

APRN Task Force Member, Policy and advocacy work on removing barriers to APRN practice, 1998.

B. National Professional Service

National League of Nursing

Member, 2013 – 2016.

Academy of Women's Health

Member, 2012 – present.

American Academy of Nursing

Fellow, 2009 – present.

Women's Health Expert Panel Member, 2015 – present.

*Women's Health Expert Panel Co-Chair elect, 2018 – present.

National Osteoporosis Foundation

Health Professional Member, 2007 – present.

Association of Reproductive Health Professionals

Member, 2002 – 2010.

National Association of Nurse Practitioners in Women's Health (NPWH)

Member, 1998 – present.

National Conference Planning Committee, 2000, 2001, 2008.

*Board of Directors (North Atlantic Representative), 2001 – 2008.

Education Committee, Member, 2001 – 2002.

Research Committee; Founder and Chair, 2001 – 2008; Member, 2008 – present.

Abstract Reviewer, 2001 – present.

Membership Committee, Member, 2002 – 2006.

International Women's Health Committee, Member, 2004 – 2008.

Policy Committee, Member 2006 – 2008.

Network of Advisors, provide one-to-one consultations on research, 2007 – present.

Research Consultant, 2008 – present.

Inspirations Award Selection Committee, Member, 2009.

American Nurses' Association/Connecticut Nurses' Association

Member, 1997 – 1999, 2009 – present.

American College of Nurse Practitioners (Combined with American Association of NPs in 2012)

Member, 1994 – 2012.

*State Representative, 1995 – 1998.

*Board of Directors (Treasurer), 2000 – 2002.

Finance Committee, Member, 2002 – 2012.

National Organization of Nurse Practitioner Faculties (NONPF)

Member, 1994 – present.

Abstract review Committee, 1997, 2000, 2004.

Faculty Practice Consultant for Members, 1997, 1998.

Small Group Facilitator, 23rd Annual Conference, April, 1997.

Response Panelist Committee Reviewing NONPF ANP Competencies, 2000.

Finance Committee Member, 2004 – 2007.

Capital Development and Marketing Committee, Member, 2007 – 2012.

Capitol Development and Marketing Committee, Product Evaluation and Development Sub-

committee Chair, 2007 – 2008.
American Association of Nurse Practitioners (American Academy of Nurse Practitioners until 2012 when combined with American College of Nurse Practitioners)
Member, 1992 – present.
Leadership Group, Member, 2004 – 2010.
Fellow, 2015 – present.

C. International Professional Service

Sigma Theta Tau International

Beta Sigma Chapter, Member, 1986 – 1989.
Alpha Chi Chapter, Member, 1989 – 1992.
Delta Mu Chapter, Member, 1992 – present.
Mu Chapter, Member, 2013 – present.

International Menopause Society

Member, 2008 – present.

North American Menopause Society (NAMS, an International Organization)

Member, 2003 – present.
Abstract Review Committee, 2005, 2007.
Membership Committee Member, 2008 – present.
Poster Judging Panel, Member, 2008, 2009.

XI. UNIVERSITY SERVICE

University of Connecticut:

School of Nursing:

Leadership Council

Member, 2013 – present.

Graduate Track Directors Committee

Chair, 2013 – 2017.

Member, 2013 – present.

Graduate Curriculum

Member, 2017 – present.

MS Curriculum Committee

Chair, 2017.

Member, 2013 – present.

Doctoral Curriculum

Member, 2017 – present.

DNP Program Committee

Member, 2013 – present.

Advancement, Appointment and Reappointment (was Clinical Advancement, Appointment and Reappointment)

Alternate Member, 2013 – 2016, 2018 – present.

Curriculum & Courses

Member, 2016 – 2017.

Chair, 2016 – 2017.
Commencement & Pinning Committee
Chair, 2015 – 2017.
MS Admissions Committee
Chair, 2016 – 2017.
Member, 2016 – present.
Recruitment & Selection
Chair, 2018 – 2019.
Scholarship & Research
Member 2015 – present.

University:

Department Heads
Member, 2013 – 2017.
Graduate Faculty Council
Alternate Member, 2013.
Member, 2013 – 2017.
Graduate Faculty Status sub-committee, 2016 – 2017.
Graduate School Hearing Committee
Member, 2014 – 2017.

Yale University:

School of Nursing:

Curriculum Task Force
Member, 2012.
Programs and Specialties Strategic Planning Group
Member, 2010 – 2011.
Curriculum Mapping Work Group
Member, 2006 – 2008.
Faculty Grievance Committee
Member, 2006 – 2007.
Admissions Committee
Member, 2001 – 2002; 2004 – 2007; 2008 – 2012.
Preceptor Workshop Committee
Member, 2001– 2004.
Center for Health Policy and Ethics, Reimbursement sub-committee
Member, 2001.
Reference Room Task Force
Member, 2000.
Teaching/Learning Task Force
Member, 2000.
Appointments and Promotions Committee
Member, 1999 – 2000, 2010 – 2013.
Alternate Member 2007 – 2008 (active member Fall 2007).
Commencement Prize Committee

Member, 1999.
Mentoring at YSN, sub-committee
Member, 1999 – 2001.
Executive Committee
Member, 1999 – 2000, 2006 – 2013.
Human Subjects Research Review Committee
Member, 1998 – 2000.
Teaching/Learning Resources Committee
Member, 1997 – 1999.
Curriculum Committee
Member, 1994 – 1998.
Vice Chair, 2012 – 2013.
Grant Reviewer, Yale University School of Nursing Beatrice Renfield Foundation, 2005 – 2006.
Grant Reviewer, Yale University School of Nursing Self-Management Center, 2004 – 2005.

University

Review Committee for Staff Grievances, Member, 2009 – 2012, served on panels 2010 and 2012.

University and Yale-New Haven Hospital

Scholarship Committee, Yale Women's Health and Fitness Conference
Chair, 2000.
Steering Committee, Yale Women's Health and Fitness Conference
Member, 1999, 2000.

Yale HEALTH (previously: Yale University Health Services)

Newsletter Committee
Member, 2006 – 2011.
Quality Assessment and Improvement Committee
Ad-hoc Member, 2006 – 2008.
Ad Hoc Committee, Integrated Women's Health Care
Founder and Member, 2004 – 2008.
JCAHO Patient Rights and Organizational Ethics sub-committee
Member, 2001 – 2002.
Research and Education Committee
Member, 2001 – 2013.
Complete Physical Guidelines sub-committee, Department of Internal Medicine
Member, 2000 – 2001.
Scheduling and Information Committee, Department of Internal Medicine
Member, 2000 – 2001.
On-line Referral Committee, Department of Internal Medicine
Member, 1999.
Access to Internal Medicine (AIM) Committee, Department of Internal Medicine
Member, 1999 – 2001.

XII. COMMUNITY SERVICE

EENT Assessment for School Health, presentation for Mansfield-Storrs district school nurses for faculty development, Storrs, CT, October 2015.

EENT Assessment for School Health, presentation for regional district 19 school nurses for faculty development, Storrs, CT, November 2014.

Personal Protective Equipment Donning and Doffing, presentation and practice for nurses with Community Health Centers, Inc, Storrs, CT, October 2014.

State of Connecticut Permanent Commission on the Status of Women, Connecticut Women's Health Campaign Committee Member, September 2000 – 2004 (when disbanded).

Medical Advisor, One World Progressive Institute, 2004 – present.

XII. TEACHING EXPERIENCE

University of Connecticut:

Fall 2013

NURS 5410: Adult/Gerontological Primary Care: Management of Common and Chronic Health Problems, 3 credit didactic course

NURS 5419: Advanced Practice Nurse Practicum II, 3 credit clinical course

Spring 2014

NURS 5400: Common Health Problems, 3 credit didactic course

Fall 2014

NURS 5410: Adult/Gerontological Primary Care: Management of Common and Chronic Health Problems, 3 credit didactic course

Spring 2015

NURS 5400: Health Promotion, Prevention, and Common Health Problems in APN Practice I, 3 credit didactic course

Fall 2015

NURS 5410: Common and Comorbid Health Problems in APN Primary Care Practice III, 3 credit didactic course

Spring 2016

NURS 5400: Health Promotion, Prevention, and Common Health Problems in APN Practice I, 3 credit didactic course

Fall 2016

NURS 5410: Common and Comorbid Health Problems in APN Primary Care Practice III, 3 credit didactic course

Spring 2017

NURS 5400: Health Promotion, Prevention, and Common Health Problems in APN Practice I, 3 credit didactic course

Fall 2017

NURS 5410: Common and Comorbid Health Problems in APN Primary Care Practice III, 3 credit didactic course

Spring 2018

NURS 5400: Health Promotion, Prevention, and Common Health Problems in APN Practice I, 3 credit didactic course

NURS 5870: Health Policy and Populations-based Advocacy for the Scholarship Application,

3 credit didactic course

NURS 5409: Advance Practice Nurse Practicum I, 3 credit clinical course (shared seminar responsibilities)

Fall 2018

NURS 5410: Common and Comorbid Health Problems in APN Primary Care Practice III, 3 credit didactic course

NURS 5870: Health Policy and Populations-based Advocacy for the Scholarship Application, 3 credit didactic course

Spring 2019

NURS 5400: Health Promotion, Prevention, and Common Health Problems in APN Practice I, 3 credit didactic course

NURS 5870: Health Policy and Populations-based Advocacy for the Scholarship Application, 3 credit didactic course

Fall 2019

NURS 5410: Common and Comorbid Health Problems in APN Primary Care Practice III, 3 credit didactic course

NURS 5870: Health Policy and Populations-based Advocacy for the Scholarship Application, 3 credit didactic course

Spring 2020

NURS 5400: Health Promotion, Prevention, and Common Health Problems in APN Practice I, 3 credit didactic course

NURS 5870: Health Policy and Populations-based Advocacy for the Scholarship Application, 3 credit didactic course

Summer 2020

NURS 5870: Health Policy and Populations-based Advocacy for the Scholarship Application, 3 credit didactic course

Fall 2020

NURS 5410: Common and Comorbid Health Problems in APN Primary Care Practice III, 3 credit didactic course

Spring 2021

NURS 5400: Health Promotion, Prevention, and Common Health Problems in APN Practice I, 3 credit didactic course

NURS 5870: Health Policy and Populations-based Advocacy for the Scholarship Application, 3 credit didactic course

Yale University:

Available upon request